

Domestic Violence Resource Guide

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Data provided by United Way San Antonio



Collaborative Commission
on Domestic Violence



United Way of San Antonio
and Bexar County

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Food

BASIC NEEDS



BASIC NEEDS

Emergency Assistance Program

Agape Ministry, The (TAM)	☎ 210-590-6655
Provides food and clothing for household, visitation is allowed every 60 days.	
🕒 Mon - Wed 12:30 pm - 2:30 pm; closed major holidays and the week before and after Christmas	💰 None
Eligibility Open to anyone in the service area	Coverage Area 78209, 78217, 78218, 78219, 78233, 78239, 78244, and 78247

The Emergency Food Assistance Program (TEFAP)

Texas Department of Agriculture (TDA)	☎ 512-463-7476
<p>Supplements the diets of low-income Americans by providing emergency food and nutrition assistance at no cost. Distributes U.S. Department of Agriculture-donated food to emergency feeding organizations such as food pantries, soup kitchens, and housing authorities. These organizations supply the commodities to participants through prepared meals that are served on-site and food packages that may be consumed at home.</p>	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None
Eligibility Contracting agencies: Agencies such as food pantries, soup kitchens, and housing authorities that serve eligible families and individuals.	Coverage Area Statewide
squaremeals.org/Programs/TheEmergencyFoodAssistanceProgram.aspx	



BASIC NEEDS

Emergency Food

Presa Community Service Center		☎ 210-532-5295
Provide emergency food once every 6 months, for people in the community. If it's been less than 6 months, they must attend a financial literacy class. Also offer United States Department of Agriculture (USDA) commodities for senior adults. USDA commodities requires completed and approved documentation.		
🕒 Mon - Fri 8:30 am - 12:00 am, 1:00 pm - 4:00 pm	💰 None	
Eligibility Call for information	Coverage Area 78210 and 78223	
<i>presa.org</i>		

Emergency Food and Clothing

Inner City Development		☎ 210-224-7239
Provides emergency food and clothing for needy families. Families are limited to two food pantry visits per year.		
🕒 For food (emergencies only) Mon - Fri 9:15 am - 11:00 am; for clothing: Mon 9:30 am - 10:30 amoffice hours: 9:00 am - 12:00 pm	💰 None	
Eligibility Open to anyone in the service area	Coverage Area San Antonio	
<i>innercitydevelopment.org</i>		



BASIC NEEDS

Emergency Food Assistance

Salvation Army - San Antonio Area Command		☎ 210-352-2020
Provides emergency assistance with food one-time per year. If more frequent assistance is needed, client must inquire about the Food Pantry program. Also provides infant formula for low-income families.		
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None	
Eligibility Open to anyone in the service area	Coverage Area Bexar County	
salvationarmysatx.org		

DePaul Social Services

Ascension De Paul Services, San Antonio		☎ 210-334-2300
Offers social services to the community to assist with difficult life circumstances and crises. Provides emergency assistance with food, clothing, utilities (CPS energy only) and counseling.		
🕒 Tues - Thurs 9:00 - 11:00 am; 1:00 pm - 3:00 pm (by appointment)	💰 None	
Eligibility Must reside within service boundaries; Must have a proven hardship	Coverage Area 78002, 78026, 78065, 78069, 78073, 78211, 78214, 78221, 78224, and 78242	
adssa.org		



BASIC NEEDS

Food Assistance - Client Choice Food Pantry

SA Hope Center		☎ 210-732-3776
Provides a one-time food box along with information about their case management program and classes. In order to receive on-going food additional assistance, clients must enroll in the Case Management Program.		
🕒 Mon - Friday 9 am - 5:00 pm	💰 None	
Eligibility Open to anyone in the service area	Coverage Area Bexar County	

Guadalupe Community Center Family Self Sufficiency Services

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-226-6178
Offer immediate help to address food insecurity, reduce poverty, and prevent homelessness. Programs include emergency financial assistance, SNAP assistance, Veronica’s Boutique, After School Program, Volunteer Income Tax Assistance (VITA) program, St. Phocas Garden, St. Stephen’s CARE Center, and Mobile Relief Unit fleet.		
🕒 Mon - Fri 8:30 am - 5:30 pm	💰 Call for information	
Eligibility Call for eligibility requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Gillespie, Gonzales, Guadalupe, Hidalgo, Jim Hogg, Karnes, Kendall, Maverick, Medina, Nueces, Travis, Uvalde, Webb, Wilson, and Zapata Counties	
ccaosa.org/guadalupe-community-center		



BASIC NEEDS

Food Bank Distribution Services

San Antonio Food Bank, Inc. (SAFB)		☎ 210-431-8326
<p>Distributes food through the support of nonprofit food pantries and on-site feeding facilities in the community. Provides distribution of donated and purchased food and grocery products; provides information and referral services to individual or agencies; and provides United States Department of Agriculture (USDA) commodities. Services client agencies in the city of San Antonio, Bexar County, and 15 other counties in South Texas.</p>		
🕒 Mon - Fri 8:00 am - 5:00 pm	☎ Call for information	
<p>Eligibility Nonprofit agencies who are federally tax-exempt (510c3)</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Guadalupe, Karnes, Kendall, Kerr, La Salle, Medina, Real, Uvalde, Wilson, and Zavala Counties</p>	
<p>safoodbank.org</p>		

Emergency Food, Counseling and Prayer

Little Church of La Villita		☎ 210-226-3593
<p>Provides food, clothing, counseling, and prayer for the needy.</p>		
🕒 Mon - Fri 10:00 am - 4:00 pm; must arrive by 3:30 to complete registration	☎ None	
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Bexar County</p>	



Diapers, Formula, & Baby Items

BASIC NEEDS



Diapers, Formula, & Baby Items

BASIC NEEDS

Pregnancy Care Services

Hill Country Pregnancy Care Center	☎ 830-249-9717
<p>Offers free and confidential services including pregnancy tests, sexually transmitted disease testing and treatment, limited obstetric sonograms, prenatal, childbirth and parenting classes, post abortion counseling education on abortion and abortion alternatives, referral services, diapers, clothing and furnishings for baby, and support. Also serves the general community and school curriculums through its education programs. Topics include: fetal development including live sonograms, teen dating violence and abuse, core identity value, and men's mentoring.</p>	
🕒 Mon - Fri (Call for scheduling)	💰 None
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
boernepregnancy.org	



Diapers, Formula, & Baby Items

BASIC NEEDS

Pregnancy Crisis Center

A Woman's Haven, Inc.		☎ 210-224-2902
Provides intake, needs assessment, pregnancy tests and ultrasound, community resources and referrals, fetal development education and information on making an informed decision, counseling/mentoring and maternity/baby clothes. This agency offers a pro-life perspective. All services are free and confidential.		
🕒 Mon - Fri 9:00 am - 5:00 pm; Sat 9:00 am - 1:00 pm	💰 None	
Eligibility Women who are pregnant, women who may be pregnant, or women who have a child younger than 3 years old	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
AWomansHaven.com		

Latched Support - Diaper Assistance

Latched Support		☎ 210-504-8015
Provides free emergency diaper assistance for parents or guardians.		
🕒 Mon - Fri 8:00 am - 4:00 pm	💰 None	
Eligibility Parents of children under 36 months and expecting parents	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties.	
latchedsupport.com		



Diapers, Formula, & Baby Items

BASIC NEEDS

Veronica's Boutique

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-226-6178
Provides free parenting education and material assistance (e.g., diapers, clothing, and formula). Wraparound services like counseling and legal services are also offered.		
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None	
Eligibility Pregnant women and parenting families of children 36 months and younger	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson counties	
ccaosa.org/family-and-childrens-services		

Emergency Food Assistance

☎ 210-352-2020	
Provides emergency assistance with food one-time per year. If more frequent assistance is needed, client must inquire about the Food Pantry program. Also provides infant formula for low-income families.	
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None
Eligibility Open to anyone in the service area	Coverage Area Bexar County
salvationarmysatx.org	



Diapers, Formula, & Baby Items

BASIC NEEDS

WIC

📞 800-942-3678

Nutrition program that helps pregnant women, breastfeeding women, women who had a baby within the last six months, infants, and children up to their 5th birthday. Services provided by local WIC offices include electronic benefit transfer (EBT) cards for food and formula, nutrition education, breastfeeding education and support, and referrals to other health services. Registered Nurses/International Board Certified Lactation Consultants are on-call to assist providers who are helping moms manage breastfeeding issues and ensure breastfeeding success. A lactation consultant can help moms with breastfeeding and pumping questions, and give them a plan to feed their baby.

🕒 State WIC office is open
Mon - Fri 8:00 am - 5:00 pm;
WIC clinics may have different
operating hours
Lactation Support
Hotline: 24 hours a day, 7 days
a week

💰 None

Eligibility

Pregnant women. Women who've had a baby within the last 6 months. Parents (mother and/or father) with infants and children under five. Anyone with custody or guardianship of infants and children under five can apply for benefits for their child. Find answers to frequently asked questions when applying for WIC.

Coverage Area

Statewide

[TexasWIC.org](https://www.texaswic.org)



Diapers, Formula, & Baby Items

BASIC NEEDS

Emergency Assistance

Texas Diaper Bank	☎ 210-731-8118, Opt. 1
<p>Promotes the healthy growth and development of babies through the provision of diapers and wipes, along with access to health education and information and additional baby care items. Formula assistance is based on donation and clients must provide a current WIC shopping list or doctor's prescription. To receive assistance, families must enroll in the diaper program.</p>	
🕒 Mon - Thurs 8:00 am -11:45 am; 1:00 pm - 4:45 pm; Fri 8:00 am - 1:00 pm (Deliveries Only)	💰 None
Eligibility Newborn/children up to age 4 whose household income does not exceed 150% of Federal Poverty Guidelines; call for income requirement information.	Coverage Area Bexar County
texasdiaperbank.org	



Diapers, Formula, & Baby Items

BASIC NEEDS

South Texas Alliance for Period Project

Texas Diaper Bank	☎ 210-731-8118, ext. 504
<p>Works to shed light on the consequences that the lack of access to period products can have on the lives of individuals. Mothers and women in need can now receive period products alongside diapers (if applicable). Healthy babies start with Healthy moms. PERIOD. This is a program of the National Diaper Bank Network, the Alliance for Period Supplies working with the Texas Diaper Bank.</p>	
🕒 Mon - Thurs 8:00 am - 11:45 am; 1:00 pm - 5:45 pm; Fri 8:00 am - 1:00 pm (Deliveries Only)	💰 None
Eligibility Women with a household income that does not exceed 150% of Federal Poverty Guidelines; call for income requirement information.	Coverage Area Bexar County
texasdiaperbank.org	



Diapers, Formula, & Baby Items

BASIC NEEDS

St. Stephen's Care Center

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-226-6178
<p>During the COVID-19 pandemic, services will be offered on a drive-thru basis, until capacity is reached. Sponsors a community super-center with a clothes closet, diaper bank, and case management to individuals, families, and large groups in crisis.</p>		
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None	
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson Counties</p>	
<p>ccaosa.org/st-stephens-care-center</p>		

Resource Center

Options for Life		☎ 830-629-7565
<p>Provides maternity clothes, diapers, formula, baby food, clothing for newborn children up to size 3, baby equipment, and car seats.</p>		
🕒 Mon 9:30 am - 6:00 pm; Tues 9:30 am - 6:00 pm; Wed - Thurs 9:30 am - 5:00 pm	💰 None	
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area 78108, 78121, 78124, 78130, 78131, 78132, 78133, 78148, 78150, 78154, 78155, 78163, 78219, 78233, and 78266</p>	
<p>optionsforlifemb.org</p>		



Clothing

BASIC NEEDS



BASIC NEEDS

Behavioral Health Services - Wesley Health and Wellness Center

Methodist Healthcare Ministries (MHM)	📞 210-922-6922
<p>Offers counseling case management services to include information and referral, referrals for training and employment assistance, assistance with applications for CareLink, TexCare, Medicaid and Medicare. Provides emergency assistance with food and clothing. Hosts monthly rummage sale the last Tuesday of each month. Also offers individual and family counseling.</p>	
<p>🕒 Mon, Wed, Fri 9:00 am - 3:00 pm; behavioral health hours are by appointment only through Telehealth</p>	<p>💰 None</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>mhm.org</p>	

Clothing



BASIC NEEDS

Clothing

San Antonio Threads	📞 210-600-3989
Provide new and new-like clothing and accessories at no cost for referred at-risk teens. Offer a safe and nurturing shopping experience for those who qualify to include teens in foster care, teens that have aged out of foster care, homeless teens, or other teens in need of support.	
🕒 Mon - Fri 9:00 am - 5:00 pm; Sat 10:00 am - 2:00 pm (by appointment only)	💰 None
Eligibility Youth 12 - 21 years old	Coverage Area Bexar County
sanantoniothreads.org	

Emergency Food, Counseling and Prayer

Little Church of La Villita	📞 210-226-3593
Provides food, clothing, counseling, and prayer for the needy.	
🕒 Mon - Fri 10:00 am - 4:00 pm; must arrive by 3:30 to complete registration	💰 None
Eligibility Open to anyone in the service area	Coverage Area Bexar County

Clothing



BASIC NEEDS

Homeless Hub

Christian Assistance Ministry (CAM)	☎ 210-223-6648
Provides services for people who are homeless including daily meal distribution, showers, clothing bag distribution, free mailbox service, hygiene kits (masks and feminine hygiene products when available), and portable potties and hand washing stations.	
<p>🕒 Daily Meal distribution: Mon - Sat 9 am</p> <p>Showers: Mon, Wed, Sat 9:30 am - 11:30 am</p> <p>Clothing bag distribution: Thurs 9:30 am - 10:30 am</p> <p>Free mail-box service: Mon - Thurs 9:00 am - 9:30 am, 12:00 pm - 12:30 pm, 3:00 pm - 3:30 pm; Fri 9:00 am - 11:30 am</p> <p>ID Recovery: Fri 9:30 am - 11:30 am</p> <p>Porta Potties and Hand washing stations available 6 days a week</p>	💰 None
<p>Eligibility</p> <p>Open to anyone in the service area; For ID recovery, client must have all DPS and City Vital Records required documents in order to get assistance for it.</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p><i>christianassistanceministry.org</i></p>	

Clothing



BASIC NEEDS

St. Stephen's Care Center

Catholic Charities, Archdiocese of San Antonio, Inc.	☎ 210-226-6178
During the COVID-19 pandemic, services will be offered on a drive-thru basis, until capacity is reached. Sponsors a community super-center with a clothes closet, diaper bank, and case management to individuals, families, and large groups in crisis.	
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson Counties
ccaosa.org/st-stephens-care-center	

Clothing



BASIC NEEDS

CAM Services during COVID-19 Pandemic

Christian Assistance Ministry (CAM)	☎ 210-223-6648
<p>Provides Groceries for clients with residence once a month. Outdoor clothing pantry once a month (Every 3rd Saturday of the month) to include other things like diapers and wipes when available. Transportation in the form of bus tickets to medical appointments, bus tickets to a verifiable job interview, or a bus pass to start a new full-time permanent job (must be verified). Limited financial assistance for Utilities or Birth Certificate once every 12 months beginning Jan.</p>	
💰 None	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
christianassistanceministry.org	



Rent Payment Assistance

BASIC NEEDS



Rent Payment Assistance

BASIC NEEDS

COVID-19 Emergency Housing Assistance Program

City of San Antonio - Neighborhood and Housing Services Department		☎ 210-207-5910
Offers assistance to residents experiencing an emergency and hardship due to COVID-19. Provides rent, and internet assistance.		
🕒 Mon - Fri 7:45 am - 4:30 pm	💰 None	
Eligibility Must meet the following conditions: <ul style="list-style-type: none"> • Must reside within City of San Antonio or Bexar County • Provide documentation of hardship due to COVID-19 • Gross income must be at or below 80% of the area median income (AMI) 	Coverage Area Bexar County	
sanantonio.gov/NHSD/Programs/FairHousing		

Rent and Mortgage Assistance

Christian Assistance Ministry (CAM)		☎ 210-223-6648
Offers rent and mortgage assistance on a case-to-case basis.		
🕒 Mon - Thurs 9:30 am - 3:00	💰 None	
Eligibility Must be at least 30 days behind in rent or mortgage to qualify; Additional information will be given in pre-screening call	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
christianassistanceministry.org		



Rent Payment Assistance

BASIC NEEDS

Housing Works

Alamo Area Resource Center		☎ 210-625-7200
Offers tenant-based rental assistance for households with HIV/AIDS. Program requires vocational activities with the goal of employment and greater self-sufficiency.		
🕒 Mon - Fri 8:00 am - 4:30 pm	💰 Call for information	
Eligibility People who are HIV positive; call for income requirement information	Coverage Area Bexar, Comal, Guadalupe, and Wilson Counties	
aarcsa.com		

Prevention Services

SAMMinistries		☎ 210-321-5619
Assists families and individuals with rent and utility assistance, as well as case management and referrals to help ensure they do not become homeless. Must have a disconnect/eviction notice to apply for assistance.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility For rental assistance - people who have an eviction/notice to vacate for rental assistance. For CPS Energy Utility assistance - the account must be in a disconnection status. Program participant cannot have received homeless prevention assistance from SAMMinistries within the past 12 months.	Coverage Area Bexar County	
samm.org		



Rent Payment Assistance

BASIC NEEDS

Rapid Re-Housing

SAMMinistries		☎ 210-321-5610
<p>Assist individuals experiencing homelessness transition into permanent housing. Length of assistance is determined by funding stream. Program participants will also receive case management. Must meet HUD's definition of literally homeless and must complete a Homelink Coordinated Entry Assessment at a designated community HUB location; if eligible, referral will be sent to SAMMinistries.</p>		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
<p>Eligibility Must meet HUD's definition of literally homeless</p>	<p>Coverage Area Bexar County</p>	
samm.org		

Help for Texans

Texas Department of Housing and Community Affairs (TDHCA)		☎ 512-475-3800
<p>Provides an online tool to help consumers search for resources funded by the TDHCA in their area with rental assistance, home repair, mortgage loans and down payment assistance, utility bill assistance, emergency and homelessness services, weatherization, and homebuyer education.</p>		
🕒 Website and hotline available 24 hours a day, 7 days a week	💰 Visit website for information	
<p>Eligibility Open to the public</p>	<p>Coverage Area Statewide</p>	
tdhca.state.tx.us/texans.htm		



Rent Payment Assistance

BASIC NEEDS

Support Services

Alamo Area Resource Center		☎ 210-625-7200
Assists HIV/AIDS clients with case management, hot meals, mental health and substance abuse counseling, rental and utility assistance, medical transportation and assessments/referrals for other programs. Also provides housing location and rental assistance, vocational assistance, legal services, assistance in filing Social Security and Food Stamp applications, health education, HIV early intervention services, HIV/STD prevention, and referrals to hospice programs and other social services.		
🕒 Mon - Fri 8:00 am - 4:30 pm	💰 None	
Eligibility Individuals who are HIV positive and reside in Texas; call for income requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
aarcsa.com		



Rent Payment Assistance

BASIC NEEDS

Texas Coronavirus Relief Bill Rental Assistance Program

Texas Department of Housing and Community Affairs (TDHCA)	☎ 833-989-7368
<p>Helps renters with the following costs starting as far back as March 13, 2020: Past due rent, current and up to 3 months of expected rent costs. Past due, current or up to 3 months of expected utility and home energy expenses. After the initial 3 months of forward assistance, you can apply for 3 additional months if funds are still available. Payments will be made directly to the landlord and/or utility provider unless they do not agree to accept the payment. If they do not accept payment, the payment will be made directly to the tenant AFTER 21 days of outreach to the landlord and/or utility provider to confirm their refusal.</p>	
🕒 Mon - Sat 8:00 am - 6:00 pm	💰 None
<p>Eligibility Households must have income at or below 80% of the Area Median Income, Qualified for unemployment benefits; OR Due to or during the pandemic Experienced a reduction in household income, incurred significant costs, oExperienced financial hardship AND households must also demonstrate they</p>	<p>Coverage Area Statewide</p>
<p>texasrentrelief.com</p>	



Electric Payment Assistance

BASIC NEEDS



Electric Payment Assistance

BASIC NEEDS

Guadalupe Community Center Family Self Sufficiency Services

Catholic Charities, Archdiocese of San Antonio, Inc.		📞 210-226-6178
Offer immediate help to address food insecurity, reduce poverty, and prevent homelessness. Programs include emergency financial assistance, SNAP assistance, Veronica's Boutique, After School Program, Volunteer Income Tax Assistance (VITA) program, St. Phocas Garden, St. Stephen's CARE Center, and Mobile Relief Unit fleet.		
🕒 Mon - Fri 8:30 am - 5:30 pm	💰 For food assistance: proof of residency and photo identification; call for information about documents required for other services	
Eligibility Call for eligibility requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Gillespie, Gonzales, Guadalupe, Hidalgo, Jim Hogg, Karnes, Kendall, Maverick, Medina, Nueces, Travis, Uvalde, Webb, Wilson, and Zapata Counties	
ccaosa.org/guadalupe-community-center		



Electric Payment Assistance

BASIC NEEDS

Prevention Services

SAMMinistries		📞 210-321-5619
Assists families and individuals with rent and utility assistance, as well as case management and referrals to help ensure they do not become homeless. Must have a disconnect/eviction notice to apply for assistance.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰	
<p>Eligibility</p> <ul style="list-style-type: none"> • For rental assistance: people who have an eviction/notice to vacate for rental assistance. • For CPS Energy Utility assistance: the account must be in a disconnection status. • Program participant cannot have received homeless prevention assistance from SAMMinistries within the past 12 months. 	<p>Coverage Area</p> <p>Bexar County</p>	
<i>samm.org</i>		



Electric Payment Assistance

BASIC NEEDS

CAM Services during COVID-19 Pandemic

Christian Assistance Ministry (CAM)	☎ 210-223-6648
<p>Provides the following services:</p> <ul style="list-style-type: none"> • Groceries for clients with residence once a month • Outdoor clothing pantry once a month (Every 3rd Saturday of the month) to include other things like diapers and wipes when available • Transportation in the form of bus tickets to medical appointments, bus tickets to a verifiable job interview, or a bus pass to start a new full-time permanent job (must be verified) • Limited financial assistance for Utilities or Birth Certificate once every 12 months beginning Jan. 2020 • Financial Assistance for prescription medications up to \$40.00 every 12 months (this may be given out multiple times a year if each time doesn't total \$40.00) • Referrals to other agencies and help navigating the social services system 	
<p>Eligibility</p> <p>Open to anyone in the service area</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p><i>christianassistanceministry.org</i></p>	



Electric Payment Assistance

BASIC NEEDS

Texas Coronavirus Relief Bill Rental Assistance Program

Texas Department of Housing and Community Affairs (TDHCA)	☎ 833-989-7368
<p>Helps renters with the following costs starting as far back as March 13, 2020: Past due rent, current and up to 3 months of expected rent costs, current or up to 3 months of expected utility and home energy expenses. After the initial 3 months of forward assistance, you can apply for 3 additional months if funds are still available.</p>	
🕒 Mon - Sat 8:00 am - 6:00 pm	💻 Visit Website for information
<p>Coverage Area Statewide</p>	
<p>Eligibility Households must have income at or below 80% of the Area Median Income (AMI)</p> <ul style="list-style-type: none"> • AND One or more of the tenant household members must: <ul style="list-style-type: none"> - Attest they have qualified for unemployment benefits since March 13, 2020; OR - Attest in writing that due to or during the pandemic, they: <ul style="list-style-type: none"> ◦ Experienced a reduction in household income ◦ Incurred significant costs, or ◦ Experienced financial hardship • AND Households must: <ul style="list-style-type: none"> - Demonstrate they are at risk of homelessness or housing instability by providing an eviction notice or past-due utility or rent notice; OR - Attest that if they do not receive rental and/or utility assistance, they would need to move into an unsafe or unhealthy living environment, like a shared living situation or emergency shelter • AND The unit a household is renting must be their primary residence and be located within the State of Texas. 	
<p>texasrentrelief.com</p>	



Water Service Payment Assistance

BASIC NEEDS

Water Service Payment Assistance



BASIC NEEDS

Project Agua

San Antonio Water System (SAWS)	☎ 210-233-2273
Provide payment assistance to residential SAWS customers who are having difficulty paying their water bill and who meet the Federal Income Assistance guidelines.	
🕒 Call for information	
Eligibility <ul style="list-style-type: none">• Must meet the income guidelines and have a final notice• Available assistance will be twice a year, anytime between January - June and July - December	Coverage Area Bexar County
uplift.saws.org	



Water Service Payment Assistance

BASIC NEEDS

Texas Coronavirus Relief Bill Rental Assistance Program

Texas Department of Housing and Community Affairs (TDHCA)	☎ 833-989-7368
Helps renters with the following costs starting as far back as March 13, 2020: Past due rent, current and up to 3 months of expected rent costs, current or up to 3 months of expected utility and home energy expenses. After the initial 3 months of forward assistance, you can apply for 3 additional months if funds are still available.	
🕒 Mon - Sat 8:00 am - 6:00 pm	💻 Visit Website for information
Coverage Area Statewide	
Eligibility Households must have income at or below 80% of the Area Median Income (AMI) <ul style="list-style-type: none">• AND One or more of the tenant household members must:<ul style="list-style-type: none">- Attest they have qualified for unemployment benefits since March 13, 2020;OR<ul style="list-style-type: none">- Attest in writing that due to or during the pandemic, they:<ul style="list-style-type: none">◦ Experienced a reduction in household income◦ Incurred significant costs, or◦ Experienced financial hardship• AND Households must:<ul style="list-style-type: none">- Demonstrate they are at risk of homelessness or housing instability by providing an eviction notice or past-due utility or rent notice;OR<ul style="list-style-type: none">- Attest that if they do not receive rental and/or utility assistance, they would need to move into an unsafe or unhealthy living environment, like a shared living situation or emergency shelter• AND The unit a household is renting must be their primary residence and be located within the State of Texas.	
texasrentrelief.com	



Protective/Restraining Orders

LEGAL AID

Protective/Restraining Orders



LEGAL AID

Crime Victim Civil Legal Services

Texas Legal Services Center (TLSC)		☎ 888-343-4414
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Call for information or visit website to fill out contact form.	
Eligibility Victims of violent crime	Coverage Area Statewide	
tlsc.org/crimevictims		

Hope Line

Texas Advocacy Project		☎ 800-374-4673
🕒 Mon - Fri 9:00 am - 5:00 pm	💰 None	
Eligibility Victims of family violence or sexual assault	Coverage Area Statewide	
texasadvocacyproject.org		

Family Justice Program

Bexar County Family Justice Center		☎ 210-631-0100
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility Victims of domestic/intimate partner and family violence, dating violence, sexual assault, stalking, or trafficking	Coverage Area Bexar County	
bcffc.org		

Protective/Restraining Orders



LEGAL AID

Services for Pregnant Minors

Jane's Due Process, Inc.	☎ 866-999-5263
🕒 Hotline and website: 24 hours a day, 7 days a week Text: Everyday 8:00 am -11:00 pm	💰 None
Eligibility Pregnant teens ages 17 years and younger; the text hotline is intended for minors and adults ages 14 and older	Coverage Area Statewide
janesdueprocess.org	

Family Crisis Services

Safer Path - Family Violence Center	☎ 830-569-2001
🕒 24 hours a day, 7 days a week	💰 None
Eligibility Victims or secondary victims of family violence, sexual assault, dating violence or stalking	Coverage Area Atascosa, Bexar, McMullen, and Wilson Counties
saferpathfvs.org	

Protective/Restraining Orders



LEGAL AID

Domestic Violence Crisis Services

Crisis Center of Comal County		☎ 830-620-4357
🕒 Mon - Fri 8:00 am - 5:00 pm; shelter open 24 hours a day, 7 days a week	💰 None	
Eligibility Past or current victim or survivor of domestic violence or sexual assault; homeless women and their children residing in New Braunfels, in either Comal or Guadalupe counties	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
<i>crisiscenternb.org</i>		

Caritas Crime Victims Assistance, Domestic Violence Legal and Social Services

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-433-3256
🕒 Mon - Fri 8:00 am - 5:00 pm; Sat 8:00 am - 12:00 pm	💰 None for domestic violence consults, protective orders, and crime victims assistance	
Eligibility No income requirement; open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson Counties	
<i>ccaosa.org</i>		



General Legal Aid

LEGAL AID



General Legal Aid

LEGAL AID

Legal Services

Family Violence Prevention Services, Inc. (FVPS)		☎ 210-930-3669, ext. 2223
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility Victims of domestic violence who meet financial eligibility guidelines; call for financial eligibility information	Coverage Area Bexar County	
fvps.org		

Legal Services to Military Personnel (LAMP)

Family Violence Prevention Services, Inc. (FVPS)		☎ 210-930-3669, ext. 2223
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility Military service members and their dependents who are victims of domestic violence and meet financial eligibility guidelines; call for financial eligibility guidelines	Coverage Area Bexar County	
fvps.org		



General Legal Aid

LEGAL AID

Guadalupe Community Center Family Self Sufficiency Services

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-226-6178
🕒 Mon - Fri 8:30 am - 5:30 pm	☎ Call for information	
Eligibility Call for eligibility requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Gillespie, Gonzales, Guadalupe, Hidalgo, Jim Hogg, Karnes, Kendall, Maverick, Medina, Nueces, Travis, Uvalde, Webb, Wilson, and Zapata Counties	
ccaosa.org/guadalupe-community-center		

Legal Aid

Texas Rio Grande Legal Aid - San Antonio (TRLA)		☎ 210-212-3783
🕒 Mon - Fri 9:00 am - 5:00 pm	☎ Call for information	
Eligibility Call for income requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Crockett, Edwards, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Kimble, Mason, Medina, Real, Sutton, and Wilson Counties	
trla.org		



General Legal Aid

LEGAL AID

911 County Emergency Services

Bexar County Sheriff Office (BCSO)		☎ 210-335-6000
🕒 24 hours a day, 7 days a week	💰 Call for information	
Eligibility Open to anyone in the services area	Coverage Area Bexar County	
<i>bexar.org</i>		



Child Custody/Support

LEGAL AID



Child Custody/Support

LEGAL AID

Access and Visitation Hotline and Website

Texas Office of Attorney General (OAG)		☎ 866-292-4636
🕒 Hotline: Mon - Fri 1:00 pm - 5:00 pm; Website: 24 hours a day, 7 days a week	💰 None	
Eligibility Open to the public	Coverage Area Statewide	
txaccess.org		

Caritas Legal Aid Services

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-433-3256
🕒 Mon - Fri 8:00 am - 5:00 pm; Consult by appointment only	💰 Consulting fee: \$50.00; Sliding scale based on income and household size	
Eligibility Call for income requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson Counties	
ccaosa.org/caritas-legal-services		



Child Custody/Support

LEGAL AID

Federal Access and Visitation Program (A&V)

Texas Office of Attorney General (OAG)	
🕒 Website available 24 hours a day, 7 days a week	💰 Fees vary per service; refer to website for more information
Eligibility Open to the public	Coverage Area Statewide
texasattorneygeneral.gov/child-support/families-and-parenting/access-and-visitation	

Probation Services

Bexar County Juvenile Probation Department		📞 210-335-7500
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility Probation Officer reviews the police report and makes a determination; call for information	Coverage Area Bexar County	
bexar.org/1518/Probation-Services		



Child Custody/Support

LEGAL AID

Certified Child Custody Evaluations

Triad Adoption Inc., dba Child Placement Center of Texas	
🕒 Mon - Thurs 8:30 am - 5:00 pm; Fri 8:30 am - 12:00 pm	📞 Call for information.
Eligibility Parents or guardians seeking custody of children.	Coverage Area Texas, statewide.
childplacementcenter.org/programs.html	



Crime Victim Compensation

LEGAL AID



Crime Victim Compensation

LEGAL AID

Crime Victim Civil Legal Services

Texas Legal Services Center (TLSC)		☎ 888-343-4414
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Call for information or visit website to fill out contact form.	
Eligibility Victims of violent crime	Coverage Area Statewide	
tlsc.org/crimevictims		

Crime Victims' Compensation Program

Texas Office of Attorney General (OAG)		☎ 800-983-9933
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility Victims and their families who have suffered physical, financial or emotional trauma from violent crimes such as sex offenses, kidnapping, aggravated robbery, assaultive offenses, arson, homicide, and certain types of motor vehicle-related crimes	Coverage Area Statewide	
texasattorneygeneral.gov/cvs/crime-victims-compensation		



Crime Victim Compensation

LEGAL AID

Victim Services Program

Texas Department of Public Safety (DPS)		☎ 512-424-2211
🕒 Mon - Fri 8:00 am - 5:00 pm	☎ Call for appointment or visit their website to find a Counselor in your area. For case status, you may contact the investigating agency or may request assistance from Victim Services.	
Eligibility Person who have been a victim of a crime.	Coverage Area Statewide	
dps.texas.gov/section/victim-employment-support-services-vess/crime-victim-services-program		

Victim Assistance

People Against Violent Crime (PAVC)		☎ 512-837-7282
🕒 24 hours a day, 7 days a week	☎ None	
Eligibility People who have been victims of violent crime in Texas. Does not provide services to individuals without legal documentation, formerly incarcerated individuals, or parolees and probationers	Coverage Area Statewide	
peopleagainstviolentcrime.org		



Crime Victim Compensation

LEGAL AID

Support for Survivors of Crime

Endeavors, Inc.	☎ 210-208-5700 ext. 5709
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 None
<p>Eligibility</p> <p>Must be 18 years or older (guardians may submit on behalf of minors); reside in Bexar County; not be incarcerated, under ankle monitoring, or living in halfway house; identify as being a victim of crime to include domestic violence, assault, sexual abuse, survivor of homicide victim, molestation occurring as a child, robbery, dating/acquaintance violence, arson, home invasion, stalking, child witness to a crime, DUI/DWI accident, elder/disabled abuse, human trafficking, abandonment, neglect, bullying/cyberbullying, kidnapping, and more</p>	<p>Coverage Area</p> <p>Bexar County</p>
endeavors.org	



Mental Health Crisis Intervention Hotlines

MENTAL HEALTH & COUNSELING



MENTAL HEALTH & COUNSELING

Domestic Violence Hotline

National Domestic Violence Hotline (NDVH)	☎ 800-799-7233
<p>Provides a hotline to link women, men, children and families affected by domestic violence to safety. Responds to calls 24/7, 365 days a year. Provides confidential, one-on-one support to each caller and live online chat user, offering crisis intervention, options for next steps, and direct connection to sources for immediate safety. Offers a database with over 5,000 agencies and resources in communities all across the country. Helps concerned friends, family, co-workers and others seeking information and guidance on how to help someone they know. Educates communities all over through events, campaigns, and partnerships with companies.</p>	
<p>🕒 Hotline and Website: 24 hours a day, 7 days a week; Live Chat: English 24/7; Spanish daily 12:00 pm - 6:00 pm</p>	
<p>Eligibility Homeless families with children</p>	<p>Coverage Area Statewide</p>
<p><i>thehotline.org</i></p>	



MENTAL HEALTH & COUNSELING

Crisis Line and Community Mobile Outreach Team (CMOT)

Center for Health Care Services (CHCS)	☎ 210-225-5481
<p>Provides a telephonic triage to determine the immediate level of need and mobilizes emergency services for the consumer. The Crisis Line serves as an initial point of contact for access to the Mobile Crisis Outreach Team (MCOT). Appropriate referrals are given to those who do not require crisis services.</p>	
🕒 24 hours a day, 7 days a week	💰 Call for information
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Bexar County</p>
<p>chcsbc.org</p>	



Mental Health Assessments, Counseling, and Therapy

MENTAL HEALTH & COUNSELING



MENTAL HEALTH & COUNSELING

*Outpatient Mental Health Services for Adults

Center for Health Care Services (CHCS)	
Offers comprehensive mental health services to support each person’s goals for recovery, including: psychiatric evaluation and treatment, medication management, wellness counseling and education, individual and group therapy, psychiatric care, psychosocial rehabilitation, and case management services at a variety of locations.	
🕒 Mon - Fri 8:30 am - 5:30 pm	☎️ Call for more information.
Eligibility Open to anyone in the service area	Coverage Area Bexar County
chcsbc.org	

Behavioral Health Services

CommuniCare Health Centers (Bexar County)	📞 210-233-7000
Offers individual counseling; diagnostic assessment; and psychiatric services to include medication management for anxiety and depression, attention deficit disorder and attention deficit hyperactivity disorder.	
🕒 Mon - Fri 8:00 am - 6:00 pm	☎️ Call to schedule an appointment.
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
communicaresa.org	



MENTAL HEALTH & COUNSELING

Brazos Extendidos Rural Counseling Program

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-377-1133
Offers individual, couples, family and children/adolescent counseling via Teletherapy during COVID-19 Pandemic.		
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 Call to schedule an appointment.	
Eligibility People 4 years and older	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Gillespie, Gonzales, Guadalupe, Karnes, Kendall, Kerr, Kinney, McMullen, Medina, Real, Uvalde, Val Verde, and Wilson Counties	
ccaosa.org/family-and-childrens-services		

Child and Family Program

Presbyterian Children’s Homes and Services		☎ 800-888-1904
Aims to help families in crisis stay together by providing support that may include: Identifying a family’s strengths and areas where they can grow. Building up parenting skills. Individual and group counseling. Working on daily routines and healthy relationships, Assisting a family member with temporary out-of-home placement if needed.		
🕒 Phone line available Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility	Coverage Area Bexar County	
pchas.org/what-we-do/community-services/child-and-family		



MENTAL HEALTH & COUNSELING

Community-Based Counseling Program at Haven for Hope and the Battered Women and Children’s Center

<p>Family Violence Prevention Services, Inc. (FVPS)</p>	<p>📞 210-220-2525</p>
<p>Provides counseling services to individuals and families experiencing homelessness and/or are victim/survivors of domestic violence at Haven for Hope (H4H) and the Battered Women and Children’s Shelter (BWCS). Individual and group counseling services are offered to adults, children and families. A HUD-funded Rapid Re-housing Program (RRH) is also available for individuals and families currently at an emergency shelter and fleeing domestic violence.</p>	
<p>🕒 Mon - Thur 7:00 am - 6:00 pm; Fri 7:00 am - 4:00 pm</p>	<p>📞 By telephone to confirm eligibility and schedule an appointment.</p>
<p>Eligibility For counseling services: people staying at the Haven for Hope or Battered Women and Children’s Shelter; for Rapid Re-housing: any person or family residing in a Bexar county emergency shelter fleeing domestic violence</p>	<p>Coverage Area Bexar County</p>
<p><i>fvps.org</i></p>	



MENTAL HEALTH & COUNSELING

Counseling and Training Services

Family Life Center of St. Mary’s University		☎ 210-438-6411
<p>Counseling for individuals, couples and families is provided by clinicians-in-training under the supervision of University faculty. Common issues addressed for adults, children and adolescents, including couple relationship problems, parenting challenges, premarital counseling, family conflict, communication skills, behavior problems, divorce recovery, and Attention Deficit Disorder/ Attention Deficit Hyperactivity Disorder. Offers Play Therapy to help children with a variety of issues.</p>		
<p>🕒 Mon - Thurs 9:00 am - 8:00 pm; Fri 9:00 am - 4:00 pm; Sat 9:00 am - 1:00 pm</p>	<p>💰 Sliding scale based on household income</p>	
<p>Eligibility Open to anyone in the service area, ages 3 and up</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>	
<p>stmarytx.edu/familylifecenter</p>		



MENTAL HEALTH & COUNSELING

Counseling Services

Ascension De Paul Services, San Antonio	
Offers counseling services that support individuals and families in their desire to make changes in their lives. Those changes are client-developed with the support and encouragement of the Counselor as they pursue ways of making change happen. Counseling services are offered to individuals, families, and groups depending on the needs of the clients.	
🕒 By appointment only	💰 None: for qualified clients
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
http://www.adssa.org	



MENTAL HEALTH & COUNSELING

Counseling Services

<p>Hand to Hold</p>	<p>🕒 Intake not available by phone; complete counseling evaluation form on website</p>
<p>Offers limited counseling (usually 8 - 12 sessions) for parents and/or couples who have experienced a Neonatal Intensive Care Unit (NICU) stay, and are looking to process their birth experience or seek treatment for possible perinatal mood and anxiety disorders.</p>	
<p>🕒 Website available 24 hours a day, 7 days a week to complete the online evaluation form Counseling sessions are generally available Tues and Thurs; staff will provide more information during the intake call</p>	<p>🕒 Eligible parents must complete the online counseling evaluation form. Parents will be contacted by phone within 2 - 3 business days to complete an intake and discuss beginning counseling services.</p>
<p>Eligibility Parents and/or couples, who have experienced a Neonatal Intensive Care Unit (NICU) stay, and are looking to process their birth experience or seek treatment for possible perinatal mood and anxiety disorders</p>	<p>Coverage Area Nationwide</p>
<p>handtohold.org/counseling</p>	



MENTAL HEALTH & COUNSELING

Disaster and Tragedy Support

Give an Hour	
Provides referrals to mental health counselors that are offering free counseling support to anyone affected by a natural disaster and/or man-made trauma. Individuals will be able to speak with a mental health professional who can help determine if ongoing counseling might be of help and give support until counseling is available.	
🕒 Website available 24 hours a day, 7 days a week	💰 None
Eligibility Anyone impacted by a natural or man-made disaster	Coverage Area Statewide
giveanhour.org/disasters-and-traumas	

Family Crisis Services

Safer Path - Family Violence Center	📞 830-569-2001
Provides services to all victims of family violence, sexual assault, dating violence, teen dating violence, and stalking. Services may include legal advocacy, crisis intervention, protective order applications, individual and group support, peer and licensed counseling, and emergency services such as shelter (if available), food, and clothing.	
🕒 24 hours a day, 7 days a week	💰 None
Eligibility Victims or secondary victims of family violence, sexual assault, dating violence or stalking	Coverage Area Atascosa, Bexar, McMullen, and Wilson Counties
saferpathfvs.org	



MENTAL HEALTH & COUNSELING

Housing and Pregnancy Support Services

<p>Annunciation Maternity Home</p>	<p>🕒</p>
<p>Provides long-term housing for women who are experiencing an unplanned pregnancy, and their children, in a licensed and accredited maternity home. Provides basic needs assistance, transportation, and additional support services, including: access to medical care, an on-site licensed Infant Development Center for childcare, an on-site accredited high school, access to continuing education programs, and job assistance. Offers pregnancy care, parenting instruction, and adoption and parenting education. Offers individual and family counseling and life skills classes. Offers a non-residential program serving pregnant or parenting mothers (with a child 4 months or younger) who have a place of residence, but need to access existing non-housing related support services such as: individual and family counseling, life skills training, and parenting skills classes.</p>	
<p>🕒 Administrative Hours: Mon - Fri 8:00 am - 5:00 pm; Housing is open 24 hours a day, 7 days a week</p>	<p>💰 None</p>
<p>Eligibility Pregnant women or pregnant adolescents, 12 years and older; or women or adolescents, 12 years and older, who are parenting a child under the age of 6 months; client may stay at the Annunciation Home with her child, until her child reaches 3 years of age</p>	<p>Coverage Area Statewide</p>
<p><i>thematernityhome.org</i></p>	



MENTAL HEALTH & COUNSELING

Individual and Family Counseling

<p>Family Service Association of San Antonio, Inc.</p>	<p>📞 210-299-2400</p>
<p>Provide in-home and office-based counseling services by masters-degreed, state-licensed counselors. Areas of expertise include individual and family counseling, victim services, early childhood, issues with grief or loss, parenting, substance abuse, and school or workplace problems; anger management, and more. Additionally, offer early childhood behavior management in the classroom and home as well as various employee assistance and crisis management services.</p>	
<p>🕒 Mon - Thurs 8:30 am - 8:00 pm; Fri 8:30 am - 5:00 pm; Sat 9:00 am - 2:00 pm</p>	<p>💰 Sliding scale; call for information</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Bexar County</p>
<p><i>family-service.org</i></p>	



MENTAL HEALTH & COUNSELING

Mental Health and Substance Abuse Counseling

Alamo Area Resource Center		☎ 210-625-7200
Offers mental health, psychiatry, and substance abuse counseling to HIV+ individuals and their families.		
🕒 Mon - Fri 8:00 am - 4:30 pm	💰 None	
Eligibility People with AIDS; people affected by AIDS	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
aarcsa.com		

Mental Health Counseling

San Antonio AIDS Foundation (SAAF)		☎ 210-225-4715
Provides counselors who can help with a variety of issues, including but not limited to: depression, anxiety, anger management, stress, (LGBTQ) Lesbian, gay, bisexual, and transgender issues or addiction.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
Eligibility People who are HIV positive with no or low income	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
sanantonioids.org		



MENTAL HEALTH & COUNSELING

Mental Health Provider Search

Give an Hour	
Provides a search tool to locate mental health providers who have agreed to offer free counseling services to military personnel and their families. Search tool includes video and telephone counseling options.	
🕒 Website available 24 hours a day, 7 days a week	💰 None
Eligibility Active duty service members, National Guard and Reserve forces, veterans, and their family members/loved ones	Coverage Area Nationwide
giveanhour.org/get-help	

Psychotherapy

Jewish Family Service of San Antonio, Texas, Inc. (JFS)	
Provides mental health counseling services to clients of all ages with a wide range of issues including life changes, depression, anxiety, trauma resolution, parent/child conflicts, marriage/family issues, and other challenges. Due to COVID-19, services are being offered through teletherapy.	
💰 Sliding fee, private insurance, Medicaid, CHIP, Medicare	
Eligibility Call for information	Coverage Area Atascosa, Banderita, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
jfs-sa.org	



MENTAL HEALTH & COUNSELING

Readjustment Counseling Services

San Antonio Vet Center - Readjustment Counseling Service (RCS)	
Provides counseling to individuals, groups, martial, family, relationship, military sexual trauma, bereavement, anger management, spouse/significant other support groups, employment guidance and benefits referral.	
🕒 Mon - Thurs 8:00 am - 7:00 pm; Fri 8:00 am - 4:30 pm	💰 None
Eligibility Active duty military service members or veterans who served in any combat zone, and their families	Coverage Area Atascosa, Bexar, Comal, De Witt, Gonzales, Guadalupe, Karnes, Kendall, Lavaca, and Wilson Counties
vetcenter.va.gov	

Resiliency Through Healing

BCFS Health and Human Services - San Antonio		📞 210-283-5110
Provides counseling services, case management, and crisis intervention services to youth affected by trauma, abuse, or neglect.		
🕒 Mon - Fri 8:30 am - 5:30 pm	💰 None	
Eligibility Individuals 14 to 25 years old that have experienced trauma, abuse, or neglect	Coverage Area Bexar County	
discoverbcfs.net/rth		



MENTAL HEALTH & COUNSELING

The Care Clinic

San Antonio AIDS Foundation (SAAF)	☎ 210-225-4715
<p>Offer outpatient healthcare for the HIV positive community by physicians board certified in Infectious Disease. On-site laboratory and pharmacy services. Medication, counseling and financial assistance for medications for eligible clients. The clinic provide compassionate treatment that empowers health and prevention.</p>	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p><i>sanantoniocids.org</i></p>	



MENTAL HEALTH & COUNSELING

Treatment Center

Shades of Hope	
<p>Provides a residential all-addictions treatment center specializing in the intensive treatment of eating disorders, including individual counseling, group therapy, education, a 12-step program, and aftercare support. Provides treatment for eating disorders (anorexia, bulimia, compulsive over eating), alcoholism, chemical dependency, sex addiction, self-harm/mutilation etc. Also provides transitional living, 1/2 house living, and abstinence based extended care.</p>	
<p>🕒 Office hours: Mon - Fri 8:00 am - 5:00 pm</p>	<p>💰 Flat fee: Call for information</p>
<p>Eligibility Ages 17 and older</p>	<p>Coverage Area Statewide</p>
<p><i>shadesofhope.com</i></p>	



MENTAL HEALTH & COUNSELING

True Counseling Health Services

True Counseling Health Services	☎ 210-481-8335
<p>Offers individual, couples, family, and group counseling for both youth and adults via telephone or in-person. Also provides wellness workshops on various topics related to mental health, psychological well-being, and opioid addiction. The mental health clinics utilize a variety of counseling methods and tools designed to assist clients. Additional types of counseling services include spiritual growth, trauma/PTSD, pre-marital/marital Mentoring, and parenting skill building.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm; after hours by appointment only</p>	<p>💰 Sliding scale fee: starts at \$40.00</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>truecounselings.com</p>	



MENTAL HEALTH & COUNSELING

Behavioral Health Group (BHG)

Pathways Youth and Family Services - San Antonio		☎ 210-733-7117
<p>Provides therapeutic intervention to individuals, groups, couples and/or families. Clinical professionals specialize in working with traumatized children and adults, variety of diagnoses, stress related issues, marital and family therapies, bonding/attachment therapy and play therapy. Some in-home services may be available to certain populations.</p>		
🕒 Call for information	📞 Call for information	
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson and Zavala Counties</p>	
<p><i>pathway.org</i></p>		



MENTAL HEALTH & COUNSELING

Children’s Center

Depelchin Children’s Center (San Antonio)		☎ 210-691-3222
<p>Provides support to children by strengthening their lives by enhancing their mental health and physical well being. We serve the most vulnerable children and families in Texas by working to break the cycles of abuse and neglect. We are an accredited foster care and adoption agency.</p>		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None	
<p>Eligibility Open to anyone in the service area; call for more information</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Calhoun, Comal, Dewitt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala County</p>	
<p>depelchin.org</p>		



MENTAL HEALTH & COUNSELING

Counseling

Guardian House	☎ 210-733-3349
Provides mental health counseling services including individual, couples, family and reunification counseling to address mental health, interpersonal or relational issues.	
🕒 Mon - Sun 9:00 am - 6:00 pm; Wed - Thurs 5:30 pm - 7:30 pm free Counseling Clinic	💰 Session fee: \$25.00 - \$75.00, based on income; Free Counseling Clinic (Wed - Thurs 5:30 pm - 7:30 pm): no fee
Eligibility Open to anyone in the service area	Coverage Area Bexar County
<i>guardianhouse.org</i>	



MENTAL HEALTH & COUNSELING

Counseling Center

St. Peter - St. Joseph Children’s Home	☎ 210-533-1203
Offer counseling services including individual, adult, child, adolescent, sibling and family therapy, marriage counseling, and anger management. Psychological and psychiatric evaluation referrals are also provided as needed.	
🕒 Mon - Fri 9:00 am - 7:00 pm	💰 Sliding scale; call for information
<p>Eligibility</p> <p>Open to anyone in the service area</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<i>stpjhome.org</i>	



MENTAL HEALTH & COUNSELING

Counseling Team

Texas Military Department (TMD)	☎ 512-782-5069
<p>Provides confidential counseling and consultation services to assist Texas Army National Guard Service Members and their families (SM/FM). Counselors will:</p> <ul style="list-style-type: none"> • Meet with Service Members and their Family Members to discover their individual needs. • Develop support plans for individuals and/or their family. • Respond to critical incidents and provide post-vention care. • Coordinate with TMD unit leadership to support behavioral health awareness and wellness promotion plans. • Conduct behavioral health training for TMD. • Provide support through the 24/7 Counseling Line. • Coordinate with TMD Family Support Services (FSS) programs to offer holistic care to all clients. • Assist and execute plans for behavioral health assistance to TMD Soldiers and employees during disaster response missions. <p>The Counseling Team is comprised of seven independently licensed counselors. Team members are located in Austin, Dallas, Houston, Weslaco, Tyler, and El Paso.</p>	
<p>🕒 Counseling Line: 24 hours a day, 7 days a week</p>	<p>💰 None</p>
<p>Eligibility Texas Army National Guard Service Members and their families</p>	<p>Coverage Area Statewide</p>
<p>tmd.texas.gov/tmd-counseling-team</p>	



MENTAL HEALTH & COUNSELING

Prevention and Early Intervention (PEI) Programs

Texas Department of Family and Protective Services (DFPS)	
Contracts with community-based programs and agencies to provide a variety of services that help prevent child abuse and neglect, juvenile delinquency, runaway youth, and truancy. Promotes public benefits of prevention services to improve accountability.	
Ⓢ None	
Eligibility See website for individual program eligibility requirements	Coverage Area Statewide
dfps.state.tx.us/prevention_and_early_intervention	

Roy Maas’ Youth Alternatives (RMYA) - Bridge and La Puerta Emergency Shelter

Roy Maas’ Youth Alternatives, Inc.	📞 210-340-7933
Provides Trauma-Informed emergency shelter for runaway, homeless, trafficked and difficult-to-place youth. Also provides counseling services and on campus charter school residents a structured daily program and positive youth development program. Twenty beds are available for short-term stay for youth ages 5-17.	
🕒 24 hours a day, 7 days a week	Ⓢ None
Eligibility Ages 5 - 17 years	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
rmya.org	



MENTAL HEALTH & COUNSELING

Roy Maas’ Youth Alternatives (RMYA) - Family Counseling and Resource Center

<p>Roy Maas’ Youth Alternatives, Inc.</p>	<p>📞 210-340-7971</p>
<p>Provides services to youth and families in crisis, such as runaway behaviors, truancy, abandonment, abuse or neglect, family communication or delinquent behaviors. Counseling sessions are offered on a individual and family basis. Also offers emergency counseling services, parenting classes, and a psychiatric clinic for community children.</p>	
<p>🕒 Mon - Thurs 8:00 am - 8:00 pm, Fri - Sun 9:00 am - 6:00 pm</p>	<p>💰 Grant funding and sliding scale if no insurance; call for eligibility assessment</p>
<p>Eligibility Birth to 17 years old, and their families</p>	<p>Coverage Area Bexar County</p>
<p>rmya.org</p>	



MENTAL HEALTH & COUNSELING

STAR Program

BCFS Health and Human Services - San Antonio	☎ 210-283-5183
<p>Helps families and youth develop coping and parenting skills, solve problems together, to prevent family conflict, running away, truancy, delinquent behavior, and child abuse. Provides: free family and individual counseling; crisis intervention (on-call counselor can be reached 24/7); education and support groups for parents and youth; follow-up services; short-term and emergency respite placement. Child abuse prevention training and information is available to the community, regardless of eligibility for STAR counseling services.</p>	
<p>🕒 Mon - Fri 9:00 am - 5:00 pm for counseling; evening appointments available; 24 hours a day, 7 days a week for crisis intervention</p>	<p>💰 None</p>
<p>Eligibility Birth to 17 years old (up to 18 if attending high school) and their families: families who are experiencing family conflict, have run away, have been truant, or have delinquent behavior (non-adjudicated)</p>	<p>Coverage Area Bexar County</p>
<p><i>DiscoverBCFS.net/STAR</i></p>	



MENTAL HEALTH & COUNSELING

True Counseling Health Services

True Counseling Health Services	☎ 210-481-8335
<p>Offers individual, couples, family, and group counseling for both youth and adults via telephone or in-person. Also provides wellness workshops on various topics related to mental health, psychological well-being, and opioid addiction. The mental health clinics utilize a variety of counseling methods and tools designed to assist clients. Additional types of counseling services include spiritual growth, trauma/PTSD, pre-marital/marital Mentoring, and parenting skill building.</p>	
🕒 Mon - Fri 8:00 am - 5:00 pm; after hours by appointment only	💰 Sliding scale fee: starts at \$40.00
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>truecounselings.com</p>	



MENTAL HEALTH & COUNSELING

Walk-In Counseling Services

Community Counseling Service of Our Lady of the Lake University	☎ 210-434-1054
Offers counseling services on a walk-in basis. No appointment is necessary. Clients can be seen by the Community Counseling Service staff that same day. Call to see if available during COVID-19 pandemic. Can offer same day telehealth sessions.	
🕒 Mon - Thurs 9:00 am - 9:00 pm; Fri 9:00 am - 12:00 pm; Sat 9:00 am - 4:00 pm	💰 Sliding scale; call for information
<p>Eligibility</p> Open to anyone in the service area	<p>Coverage Area</p> Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
<p><i>ollusa.edu</i></p>	



Community Clinics

WOMEN CARE & CLINICS



WOMEN CARE & CLINICS

CentroMed Berto Guerra Jr Clinic

CentroMed	☎ 210-922-7000
Provides comprehensive outpatient primary health care to include family practice, pediatrics, laboratory services, dental care, behavioral health and eligibility services.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Family First Clinic

CentroMed	☎ 210-922-7000
Provides comprehensive outpatient primary health care, including pediatrics, family practice, laboratory tests and eligibility.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Family Medicine Clinic

CentroMed	☎ 830-608-5700
Provides comprehensive outpatient primary health care, including pediatrics, family practice and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicare, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Noemi Galvan Eling Clinic

CentroMed	☎ 210-922-7000
<p>Provides comprehensive outpatient primary health care, including family practice, dental, medical, pediatrics, behavioral health, laboratory and woman's health services. Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm</p>	<p>💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Bexar County</p>
<p>centromedsa.com</p>	



WOMEN CARE & CLINICS

CentroMed Palo Alto Clinic

<p>CentroMed</p>	<p>☎ 210-922-7000</p>
<p>Provides comprehensive outpatient primary health care to include family practice, pediatrics, pharmacy, laboratory, medical social work services, pregnancy testing, dental services, optometry, and Women, Infants and Children (WIC). Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm WIC: Mon, Wed, Fri 8:00 am - 5:00 pm; Tues, Thurs 8:00 am - 7:00 pm; 4th Sat of the month 8:00 am - 5:00pm</p>	<p>💰 Sliding scale based on income and family size for uninsured patients; also accepts all major private health insurance plans, as well as other insurance and discount plans such as Medicaid, Medicare, CHIP and CareLink; co-pays required by insurance are due at the time of service</p>
<p>Eligibility For WIC: pregnant women, women who are breastfeeding a baby 1 year and younger; women who have had a baby in the past six months; fathers, step-parents, guardians, and foster parents of infants and children under the age of 5 can apply; United States citizenship is not a requirement for eligibility; call for income nutrition requirement information</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>centromedsa.com</p>	



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Barlite

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Huebner Hills

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
<i>centromedsa.com</i>	



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic M and S Building

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic New Braunfels

CentroMed		☎ 830-608-5700
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	

CentroMed Pediatric Clinic Santa Rosa Pavillion

CentroMed		☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
centromedsa.com		



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Sorrento

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Tri-County

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Santa Rosa Pavilion Clinic

CentroMed	☎ 210-922-7000
Provides primary health care services. Provides early human immunodeficiency virus (HIV) related primary health care and HIV counseling and testing to adults in Bexar County.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans.
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
centromedsa.com	



WOMEN CARE & CLINICS

CentroMed Sarah E. Davidson Clinic

CentroMed	☎ 210-220-2330
<p>Provides primary health care to children and adults who are homeless. Program caseworkers provide outreach and follow-up services. Offer women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer. Social workers, licensed chemical dependency counselors, and child development specialists provide supportive services.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm</p>	<p>💰 Services are free to patients experiencing homelessness; community patients that are uninsured are charged on sliding scale based on income and family size; also accepts Medicare, Medicaid, CHIP, and most health insurance plans</p>
<p>Eligibility Individuals experiencing homelessness or people at risk of becoming homeless</p>	<p>Coverage Area Bexar County</p>
<p>centromedsa.com</p>	



WOMEN CARE & CLINICS

CentroMed South Park Medical Clinic

CentroMed	☎ 210-922-7000
<p>Provides comprehensive outpatient primary health care to include family practice, pediatrics, obstetrics/gynecology (OB/GYN), pharmacy, laboratory, medical social work services, behavioral health and pregnancy testing. Also offers women with low-income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm</p>	<p>💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>centromedsa.com</p>	



WOMEN CARE & CLINICS

CentroMed Southside Medical Clinic

CentroMed	☎ 210-922-7000
<p>Provides comprehensive outpatient primary health care to include family practice, internal medicine, pediatrics, obstetrics/gynecology (OB/GYN), dental, laboratory, medical social work services, behavioral health and pregnancy testing. Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm</p>	<p>💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans</p>
<p>Eligibility Open to anyone in the service area</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>centromedsa.com</p>	



WOMEN CARE & CLINICS

Children's Medical Care

St Paul Children's Foundation	☎ 903-531-9455
Provides pediatric healthcare services including annual health checkups, nutrition education, immunizations, minor acute care, referrals to specialists, sick visits, and provides services for foster and special needs children.	
🕒 Mon - Fri 8:00 am - 5:00 pm	📞 Call for information
<p>Eligibility Children ages 0-21 years old</p>	<p>Coverage Area Anderson, Angelina, Bowie, Camp, Cass, Cherokee, Dallas, Gregg, Harrison, Henderson, Houston, Hunt, Kaufman, Marion, Morris, Nacogdoches, Navarro, Panola, Rains, Rusk, San Augustine, Shelby, Smith, Titus, Upshur, Van Zandt, and Wood counties.</p>
<p>stpaulchildren.org</p>	



WOMEN CARE & CLINICS

Family Medicine

CommuniCare Health Centers (Bexar County)		📞 210-233-7000
Provide acute care for children and adults; chronic disease management for children and adults; well child visits; immunizations; family planning; preventive health care (physicals, annual exams); and health education.		
🕒 Mon - Fri 8:00 am - 7:00 pm	💰 Sliding scale; call for information	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
communicaresa.org		



WOMEN CARE & CLINICS

FQHC Locator for Texas

Health Resources and Services Administration - Data Warehouse	🕒 FALSE
Provides an interactive map to locate nearby Federally Qualified Health Centers.	
🕒 Website available 24 hours a day, 7 days a week	💰
Eligibility	Coverage Area Texas
findahealthcenter.hrsa.gov	

Internal Medicine (Senior Care)

CommuniCare Health Centers (Bexar County)	🕒 210-233-7000
Provide acute care; chronic disease management; and preventive health care for geriatric patients.	
🕒 Mon - Fri 8:00 am - 7:00 pm	💰 Sliding scale; call for information
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
communicaresa.org	



WOMEN CARE & CLINICS

La Mision Medical Care

Ascension De Paul Services, San Antonio	☎ 210-626-0600
<p>Offer comprehensive primary family medical care provided by board-certified family practitioners and pediatric provider (male and female providers). Pharmacy and lab services are also available.</p>	
<p>🕒 Mon - Fri 8:00 am - 4:30 pm</p>	<p>💰 Sliding fee scale for uninsured availability based on income and family size; accept Medicare, Medicaid and most other forms of insurance accepted by the university health system</p>
<p>Eligibility Any resident of Bexar County or surrounding counties</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>adssa.org</p>	



WOMEN CARE & CLINICS

Pediatrics

CommuniCare Health Centers (Bexar County)		☎ 210-233-7000
Provide immunizations; well-child visits; acute care; chronic disease management (asthma, diabetes, etc.); Attention Deficit Hyperactivity Disorder (ADHD) care; preventive health care programs; health education; and sports physicals.		
🕒 Mon - Fri 8:00 am - 7:00 pm	💰 Sliding scale; call for information	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
communicaresa.org		



WOMEN CARE & CLINICS

Primary Health Care Program (PHC)

Texas Health and Human Services Commission (HHSC)	☎ 800-222-3986 ext. 5922
<p>Does not provide direct services. Provides funding to clinics across the state to provide health services. Use the locator tool to find nearest clinic. Eligibility criteria applies. Provides health services which include:</p> <ul style="list-style-type: none"> • Diagnosis and treatment • Emergency medical services • Family planning services • Preventive health services including immunizations • Health education • Laboratory, x-ray, and other diagnostic services. 	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Contact clinics for fee information
<p>Eligibility</p> <p>Individuals who live in Texas and have a gross family income at or below 200% of the Federal Poverty Level (FPL); individuals may not be a beneficiary of other non-HHSC programs or benefits that provide the same services</p>	<p>Coverage Area</p> <p>Statewide</p>
<p>hhs.texas.gov/services/health/primary-health-care-services-program</p>	



WOMEN CARE & CLINICS

Primary Medical Care - Wesley Health & Wellness Center

Methodist Healthcare Ministries (MHM)	☎ 210-922-6922
<p>Due to COVID-19, medical care is being provided for patients with urgent needs only. Offers board certified family practice physicians, pediatrics, adult medicine, women's health and wellness, laboratory, immunizations, gynecology, electrocardiograms, and physical exams to persons who are low income and uninsured.</p>	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale; call for information
<p>Eligibility People who are uninsured and are not recipients of Medicare, Medicaid, or private insurance; household income does not exceed 200% of Federal Poverty Guidelines; call for income requirement information</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>mhm.org</p>	

Community Clinics



WOMEN CARE & CLINICS

South Flores Preventive Health Clinic

University Health, Bexar County, Texas		☎ 210-358-8255
Offer prenatal care, well child exams, family planning care to include Women’s Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.		
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information	
Eligibility Call for information	Coverage Area Bexar County	
universityhealthsystem.com		

Zarzamora Preventive Health Clinics

University Health, Bexar County, Texas		☎ 210-358-8255
Offer prenatal care, well child exams, family planning care to include Women’s Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.		
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information	
Eligibility Call for information	Coverage Area Bexar County	
universityhealthsystem.com		



Women's Health Centers

WOMEN CARE & CLINICS

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Noemi Galvan Eling Clinic

CentroMed	📞 210-922-7000
Provides comprehensive outpatient primary health care, including family practice, dental, medical, pediatrics, behavioral health, laboratory and woman's health services. Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Bexar County
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed Palo Alto Clinic

CentroMed	☎ 210-922-7000
<p>Provides comprehensive outpatient primary health care to include family practice, pediatrics, pharmacy, laboratory, medical social work services, pregnancy testing, dental services, optometry, and Women, Infants and Children (WIC). Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm WIC: Mon, Wed, Fri 8:00 am - 5:00 pm; Tues, Thurs 8:00 am - 7:00 pm; 4th Sat of the month 8:00 am - 5:00pm</p>	<p>💰 Sliding scale based on income and family size for uninsured patients; also accepts all major private health insurance plans, as well as other insurance and discount plans such as Medicaid, Medicare, CHIP and CareLink; co-pays required by insurance are due at the time of service</p>
<p>Eligibility For WIC: pregnant women, women who are breastfeeding a baby 1 year and younger; women who have had a baby in the past six months; fathers, step-parents, guardians, and foster parents of infants and children under the age of 5 can apply; United States citizenship is not a requirement for eligibility; call for income nutrition requirement information</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>centromedsa.com</p>	

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Barlite

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Huebner Hills

CentroMed	📞 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic M and S Building

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed Pediatric Clinic New Braunfels

CentroMed		☎ 830-608-5700
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	

CentroMed Pediatric Clinic Santa Rosa Pavillion

CentroMed		☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
centromedsa.com		

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Sorrento

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Pediatric Clinic Tri-County

CentroMed	☎ 210-223-3543
Provides comprehensive outpatient primary health care, including pediatrics and laboratory tests.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	

Women's Health Centers



WOMEN CARE & CLINICS

CentroMed Santa Rosa Pavilion Clinic

CentroMed	☎ 210-922-7000
Provides primary health care services. Provides early human immunodeficiency virus (HIV) related primary health care and HIV counseling and testing to adults in Bexar County.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans.
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed Sarah E. Davidson Clinic

CentroMed	📞 210-220-2330
<p>Provides primary health care to children and adults who are homeless. Program caseworkers provide outreach and follow-up services. Offer women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer. Social workers, licensed chemical dependency counselors, and child development specialists provide supportive services.</p>	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Services are free to patients experiencing homelessness; community patients that are uninsured are charged on sliding scale based on income and family size; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Individuals experiencing homelessness or people at risk of becoming homeless	Coverage Area Bexar County
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed South Park Medical Clinic

CentroMed	☎ 210-922-7000
Provides comprehensive outpatient primary health care to include family practice, pediatrics, obstetrics/gynecology (OB/GYN), pharmacy, laboratory, medical social work services, behavioral health and pregnancy testing. Also offers women with low-income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

CentroMed Southside Medical Clinic

CentroMed	☎ 210-922-7000
Provides comprehensive outpatient primary health care to include family practice, internal medicine, pediatrics, obstetrics/gynecology (OB/GYN), dental, laboratory, medical social work services, behavioral health and pregnancy testing. Also offers women with low income, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 Sliding scale based on income and family size for uninsured patients; also accepts Medicare, Medicaid, CHIP, and most health insurance plans
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
centromedsa.com	



Women's Health Centers

WOMEN CARE & CLINICS

Dr. Robert L.M. Hilliard Center

University Health, Bexar County, Texas		☎ 210-644-8700
Offers primary care, endocrinology care, prenatal care, well child exams, family planning care to include Women's Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.		
🕒 Mon - Thurs 7:30 am - 5:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information	
Eligibility Call for information	Coverage Area Bexar County	
universityhealthsystem.com		

Food Bank Outreach Program

San Antonio Food Bank, Inc. (SAFB)		☎ 210-431-8326
Assist clients with application and renewal assistance for various federal benefits including Food Stamps/SNAP, Temporary Assistance to Needy Families (TANF), Women, Infants and Children (WIC), Adult Medicaid, Children's Health Insurance/CHIP, Children's Medicaid, Long Term Care, and Women's Health Program. Explain application process and next steps thoroughly. Inform and assist in acquiring necessary documentation.		
🕒 By telephone: Mon - Fri 8:00 am - 8:00 pm; Sat 9:00 am - 3:00 pm; walk-ins accepted Mon - Fri 8:00 am - 5:00 pm		
Eligibility Call for eligibility requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Edwards, Frio, Guadalupe, Karnes, Kendall, Kerr, La Salle, Medina, Real, Uvalde, Wilson, and Zavala Counties	
safoodbank.org		



Women's Health Centers

WOMEN CARE & CLINICS

Healthy Texas Women

Texas Health and Human Services Commission (HHSC)

☎ 866-993-9972

Offers women's health and family planning services at no cost that help eligible women plan their families, whether it is to achieve, postpone, or prevent pregnancy. Pays for the following services:

- Pregnancy testing
- Pelvic examinations
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Mammograms
- Screening and treatment for cholesterol, diabetes, and high blood pressure
- HIV screening
- Long-acting reversible contraceptives
- Oral contraceptive pills
- Permanent sterilization
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide, and injections
- Screening and treatment for postpartum depression.

Through Healthy Texas Women Plus, now also offers enrolled women enhanced postpartum services for clients that were pregnant within the last 12 months.

Pays for the services focused on treated major health conditions that contribute to maternal morbidity and mortality in Texas, including:

- Postpartum depression and other mental health conditions (services include individual, family and group psychotherapy services and peer specialist services)
- Cardiovascular and coronary conditions (services include imaging studies; blood pressure monitoring; and anticoagulant, antiplatelet and antihypertensive medications)
- Substance use disorders, including drug, alcohol and tobacco misuse (services include screenings, brief interventions, treatment referrals, outpatient substance use counseling, smoking cessation services, medication-assisted treatment and peer specialist services).



Women's Health Centers

WOMEN CARE & CLINICS

Healthy Texas Women (cont'd)

Refers women to a doctor or clinic that can treat them if a health problem such as cancer is found. Refers pregnant women to programs such as Medicaid for Pregnant Women. Does not pay for these extra services. Coronavirus disease (COVID-19) testing is now a covered benefit in Healthy Texas Women (HTW) and the Family Planning Program (FPP). Telehealth and telemedicine services are also authorized for HTW and FPP providers. Program recipients should check with their health care provider for more information. Because of the COVID-19 pandemic, current HTW recipients will have their benefits renewed automatically and will remain active throughout the pandemic. No further action is necessary at this time. Recipients will be notified by mail when it is time to renew their benefits. You do not need to call.

🕒 Healthy Texas Women:
 Mon - Fri 8:00 am - 6:00 pm 2-1-1,
 Option 2: Mon - Fri 8:00 am - 6:00
 pm. Automated phone line 24 hours
 a day, 7 days a week

💰 None

Eligibility

Women who meet all of the following criteria:

- Are between the ages of 18 to 44 years old;
- Are between the ages of 15 to 17 years old and have a parent or legal guardian apply, renew, and report changes to her case on her behalf;
- U.S. citizen or legal immigrant who lives in Texas;
- Must not have health insurance;
- Do not currently get full Medicaid benefits, CHIP, or Medicare Part A or B;
- Must not be pregnant; and
- Must have income at or below 200% FPL

Coverage Area

Statewide

healthytexaswomen.org



Women's Health Centers

WOMEN CARE & CLINICS

Kenwood Clinic

University Health, Bexar County, Texas	☎ 210-358-8255
Offers prenatal care, well child exams, family planning care to include Women's Health Program and testing for pregnancy and Sexually Transmitted Disease, and immunizations.	
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information
Eligibility Call for information	Coverage Area Bexar County
universityhealthsystem.com	

Naco-Perrin Clinic

University Health, Bexar County, Texas	☎ 210-358-8255
Offers prenatal care, well child exams, family planning care to include Women's Health Program, testing for pregnancy, sexually transmitted disease, and immunizations. Also offers low-income women, ages 18-64, access to screening and diagnostic services (mammograms and/or pap tests) for breast and cervical cancer through the Medicaid Treatment Act.	
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information
Eligibility Call for information	Coverage Area Bexar County



Women's Health Centers

WOMEN CARE & CLINICS

Robert B. Green Campus

University Health, Bexar County, Texas	☎ 210-358-3400
Offers primary and acute minor care for all ages. Specialty clinics include neurology; Ear, Nose, and Throat (ENT); behavioral health; and women's services among others.	
🕒 Mon - Fri 7:00 am - 8:00 pm; visit the website or call for clinic hours	☎ Call for information
Eligibility Open to anyone in the service area; referrals might be necessary to specialty services	Coverage Area Bexar County
universityhealthsystem.com	

Salinas Clinic

University Health, Bexar County, Texas	☎ 210-358-8255
Offers prenatal care, well child exams, family planning care to include Women's Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.	
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	☎ Call for information
Eligibility Call for information	Coverage Area Bexar County
universityhealthsystem.com	



Women's Health Centers

WOMEN CARE & CLINICS

South Flores Preventive Health Clinic

University Health, Bexar County, Texas		☎ 210-358-8255
Offer prenatal care, well child exams, family planning care to include Women's Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.		
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	💰 Call for information	
Eligibility Call for information	Coverage Area Bexar County	
universityhealthsystem.com		

University Family Health Center - Southeast

University Health, Bexar County, Texas		☎ 210-358-5515
Provide primary and family care services, including preventive care such as well-baby checkups and immunizations.		
🕒 Mon - Fri 8:30 am - 5:00 pm	💰 Monthly payment plan: call for information	
Eligibility Call for income and family size requirement information	Coverage Area Bexar County	
universityhealthsystem.com		



Women's Health Centers

WOMEN CARE & CLINICS

University Family Health Center - Southwest

University Health, Bexar County, Texas		☎ 210-358-5100
Provide family-oriented health care services, focusing on preventive health care. Offer care for acute and chronic illnesses, as well as minor trauma such as lacerations, sprains and minor outpatient surgery.		
🕒 Mon - Thurs 7:00 am - 8:00 pm; Fri 9:00 am - 8:00 pm; Sat 8:00 am - 4:00 pm - clinic hours	💰 Monthly payment plan: call for information	
Eligibility Call for income and family size requirement information	Coverage Area Bexar County	
universityhealthsystem.com		

Women's Health

University Health, Bexar County, Texas	
Brings together doctors, specially trained nurses, patient navigators, and other professionals to deliver responsive care for all women's health concerns - from adolescence to post-menopause. Health support services include: interpreter services; free pregnancy testing; assistance in locating funds to pay for care; childbirth, newborn, and breastfeeding classes; lactation consultants, and access to the Nurse-Family Partnership program.	
☎ Call for information	
Eligibility Open to anyone in the service area	Coverage Area Bexar County
universityhealthsystem.com/services/womens-health	



Women's Health Centers

WOMEN CARE & CLINICS

Women's Health Program: Gynecology

University Health, Bexar County, Texas

Specialize in treating women of all ages, from pre-adolescence to post-menopausal. Offer comprehensive care for all types of gynecological conditions ranging from cervical dysplasia to infertility. Also specialize in the diagnosis and treatment of numerous conditions affecting the reproductive system such as ovarian cysts, abnormal bleeding, or any type of gynecological cancer.

☎ Call for information

Eligibility

Open to anyone in the service area

Coverage Area

Bexar County

universityhealthsystem.com/services/gynecology

Women's Health Program: Pregnancy and Childbirth

University Health, Bexar County, Texas

Maternal team provides care to mother and baby during pregnancy, labor and delivery, and beyond. As the first Level IV Maternal Facility in South Texas, provides prenatal care for all women, including the most high-risk patients. Offers Obstetric (OB) triage in a hospital with comprehensive, physician-led women's Emergency Department for any serious concern throughout the pregnancy and provides access to every specialist that might be required, 24 hours a day, 7 days a week.

☎ Call for information

Eligibility

Open to anyone in the service area

Coverage Area

Bexar County

universityhealthsystem.com/services/pregnancy-childbirth



Women's Health Centers

WOMEN CARE & CLINICS

Women's Health Services

CommuniCare Health Centers (Bexar County)		☎ 210-233-7000
Provide family planning services; free pregnancy testing; pre-pregnancy counseling; prenatal care; clinical breast examinations and screenings; mammograms; pap smears; Sexually Transmitted Disease counseling and treatment; well-woman (annual physical) and gynecological care.		
🕒 Mon - Fri 8:00 am - 7:00 pm	💰 Sliding scale; call for information	
Eligibility Open to anyone in the service area	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
communicaresa.org		

Zarzamora Preventive Health Clinics

University Health, Bexar County, Texas		☎ 210-358-8255
Offer prenatal care, well child exams, family planning care to include Women's Health Program and testing for pregnancy and sexually transmitted disease, and immunizations.		
🕒 Mon - Thurs 7:00 am - 6:00 pm; Fri 9:30 am - 4:00 pm	💰 Call for information	
Eligibility Call for information	Coverage Area Bexar County	
universityhealthsystem.com		



Domestic Violence Shelter and Transitional Housing

HOUSING & SHELTER



HOUSING & SHELTER

Battered Women and Children’s Shelter

Family Violence Prevention Services, Inc. (FVPS)		☎ 210-733-8810
<p>Provides temporary shelter, 24-hour hotline, and individual and group counseling for women, children and men. Offers primary medical care, legal advocacy and representation, adult education, psycho-educational workshops, case management, structured children’s program, and on-site pre-Kindergarten through 12th grade. Provides outreach counseling and support, community education and presentations for non-shelter adults and child victims of domestic violence parenting. Also offers psychoeducational batterer’s intervention for men and women, and community education and presentations.</p>		
🕒 24 hours a day, 7 days a week		
<p>Eligibility Victims of domestic violence</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>	
<p>fvps.org</p>		



HOUSING & SHELTER

Casa Mia

<p>Crosspoint, Inc.</p>	<p>☎ 210-549-4730</p>
<p>Provides transitional residential services for pregnant or parenting women who have an Opioid Use Disorder. Casa Mia provides transitional housing for the women and her children for a period determined by need and the client's continued positive engagement. Casa Mia welcomes methadone and other forms of Medication Assisted Treatment (MAT). Group activities include wellness and nutrition classes, parenting classes, life skills, peer support groups and recreation. Casa Mia programming also includes case management and a requirement that the client engage in appropriate levels of addiction treatment, recovery support groups and/or recovery coach engagement.</p>	
<p>🕒 24 hours a day, 7 days a week</p>	
<p>Eligibility Any women residing in Texas who has diagnosed Opioid Use Disorder and who is pregnant or parenting; Priority will be given to women who are pregnant or who have given birth with in the past 90 days, especially if the child was born with Neonatal Abstinence Syndrome (NAS)</p>	<p>Coverage Area Statewide</p>
<p>casamiasanantonio.com</p>	



HOUSING & SHELTER

Dave Coy Men's Shelter and Workers Program

Salvation Army - San Antonio Area Command	☎ 210-226-2291
Provides emergency shelter and transitional housing opportunities for up to 186 men experiencing chronic homelessness and/or lack a stable housing environment. Participants receive three meals daily and work with a case manager to identify and coordinate available educational and career development opportunities and other resources to facilitate greater independence and self-sufficiency. Facility is alcohol and drug-free.	
🕒 24 hours a day, 7 days a week	
Eligibility Men 18 years and older	Coverage Area Bexar County
salvationarmysatx.org	



HOUSING & SHELTER

Domestic Violence Hotline

National Domestic Violence Hotline (NDVH)	☎ 800-799-7233
<p>Provides a hotline to link women, men, children and families affected by domestic violence to safety. Responds to calls 24/7, 365 days a year. Provides confidential, one-on-one support to each caller and live online chat user, offering crisis intervention, options for next steps, and direct connection to sources for immediate safety. Offers a database with over 5,000 agencies and resources in communities all across the country. Helps concerned friends, family, co-workers and others seeking information and guidance on how to help someone they know. Educates communities all over through events, campaigns, and partnerships with companies.</p>	
<p>🕒 Hotline and Website: 24 hours a day, 7 days a week; Live Chat: English 24/7; Spanish daily 12:00 pm - 6:00 pm</p>	
<p>Eligibility Homeless families with children</p>	<p>Coverage Area Statewide</p>
<p>thehotline.org</p>	



HOUSING & SHELTER

Emergency Shelter and Support Services

Strong Foundation Ministries		☎ 210-641-4357
Offers emergency shelter and support services for families with children.		
🕒 24 hours a day, 7 days a week		
Eligibility	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
strongfoundation.org		

Family Crisis Services

Safer Path - Family Violence Center		☎ 830-569-2001
Provides services to all victims of family violence, sexual assault, dating violence, teen dating violence, and stalking. Services may include legal advocacy, crisis intervention, protective order applications, individual and group support, peer and licensed counseling, and emergency services such as shelter (if available), food, and clothing.		
🕒 24 hours a day, 7 days a week		
Eligibility	Coverage Area	
Homeless pregnant women, 18 years and older; or women with child under 36 months old	Atascosa, Bexar, McMullen, and Wilson Counties	
saferpathfvs.org		



HOUSING & SHELTER

Guadalupe Home

Catholic Charities, Archdiocese of San Antonio, Inc.		☎ 210-476-0707
Offers a transitional shelter for pregnant and parenting mothers and their babies who find themselves homeless and are interested in making a change for a hopeful future through full-time education enrollment or employment. Case management, parenting education, life skills training, and counseling are provided.		
🕒 Mon - Fri 8:00 am - 5:00 pm; shelter available 24 hours a day, 7 days a week		
Eligibility Heads of household, 18 years and older	Coverage Area Bexar County	
ccaosa.org/guadalupe-home		

IRIS

Providence Place		☎ 210-696-2410, ext 184
Provides housing for youth aging out of foster care to include case management, life skills, job search, resources and referrals.		
🕒 Mon - Fri 8:30 am - 5:00 pm		
Eligibility Children referred by Child Protective Services; basic moderate, and specialized placements; and Juvenile Probation placements	Coverage Area Bexar County	
provplace.org		



HOUSING & SHELTER

Hope Center: Emergency Women, Children and Family Shelter

Salvation Army - San Antonio Area Command	📞 210-352-2020
<p>Provide immediate, short-term shelter for women, children and families experiencing homelessness. Up to 141 participants are provided with three hot meals a day and are assigned a case manager to assist in the coordination of additional resources necessary to stabilize the family including transportation, childcare, educational opportunities, life skills, and career development. Facility is an alcohol and drug free environment.</p>	
<p>🕒 Mon - Fri 8:30 am - 5:00 pm; shelter open 24 hours a day, 7 days a week</p>	
<p>Eligibility Pregnant women or pregnant adolescents, 12 years and older; or women or adolescents, 12 years and older, who are parenting a child under the age of 6 months; client may stay at the Annunciation Home with her child, until her child reaches 3 years of age</p>	<p>Coverage Area Bexar County</p>
<p>salvationarmysatx.org</p>	



HOUSING & SHELTER

Housing and Pregnancy Support Services

Annunciation Maternity Home

Provides long-term housing for women who are experiencing an unplanned pregnancy, and their children, in a licensed and accredited maternity home. Provides basic needs assistance, transportation, and additional support services, including: access to medical care, an on-site licensed Infant Development Center for childcare, an on-site accredited high school, access to continuing education programs, and job assistance. Offers pregnancy care, parenting instruction, and adoption and parenting education. Offers individual and family counseling and life skills classes. Offers a non-residential program serving pregnant or parenting mothers (with a child 4 months or younger) who have a place of residence, but need to access existing non-housing related support services such as: individual and family counseling, life skills training, and parenting skills classes.

🕒 Administrative Hours: Mon - Fri 8:00 am - 5:00 pm; Housing is open 24 hours a day, 7 days a week

Eligibility

Young adults in extended foster care who meet eligibility

Coverage Area

Statewide

thematernityhome.org



HOUSING & SHELTER

Long-Term Residential Program

SJRC TEXAS		📞 210-904-0797
Provide long-term residential care to female youth 12-21 years who have been abused, or neglected. Specializing in services for victims of child sex trafficking.		
🕒 24 hours a day, 7 days a week		
Eligibility	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
<i>sjrctexas.org</i>		

My Mariposa Home

Providence Place		📞 210-696-2410, ext 173
Assist women (single adult women, pregnant women, and mothers with children under 3 years old) who have been survivors of human trafficking, domestic violence, or sexual assault with transitional housing and trauma informed supportive services. Provides supportive services that enhance protective factors and promote self-sufficiency in a safe and stable environment.		
🕒 Mon - Fri 8:30 am - 5:00 pm		
Eligibility	Coverage Area Texas	
Outreach services: victims of domestic violence; transitional housing: homeless victims of domestic violence who have some income and are working and/or going to school		
<i>provplace.org</i>		



HOUSING & SHELTER

Outreach and Transitional Housing

<p>Family Violence Prevention Services, Inc. (FVPS)</p>	<p>📞 210-930-3669, ext. 1206</p>
<p>Offers a three-tier transitional housing program to victims of domestic violence. Clients receive outreach services to include case management, information and referral, emergency food, clothing, furniture, household items and home visits.</p>	
<p>🕒 Mon - Fri 8:30 am - 5:30 pm</p>	
<p>Eligibility Females 10 - 23 years old who are in the foster care program and pregnant, or raising a child/toddler; Accepts Department of Family and Protective Services (DFPS) placements, as well as, privately placed children</p>	<p>Coverage Area Bexar County</p>
<p>fvps.org</p>	

Hotline for people experiencing homelessness

<p>City of San Antonio</p>	<p>📞 210-207-1799</p>
<p>Provide COVID-19 social service resource information to those who are homeless in Bexar County. Callers will be screened and referred to the appropriate Department of Human Services Division for information and assistance.</p>	
<p>🕒 Mon - Fri 8:30 am - 4:30 pm</p>	
<p>Eligibility Anyone in service area</p>	<p>Coverage Area Bexar County</p>



HOUSING & SHELTER

Pregnant and Parenting Teen

Boysville, Inc.	☎ 210-659-1901
<p>Provides housing, care services, and support services to mothers with infants or toddlers. Program incorporates parent education services to meet both, parent and child, educational and developmental growth.</p>	
<p>🕒 24 hours a day, 7 days a week</p>	
<p>Eligibility People 18 years and older who are homeless and able to independently perform activities of daily living and are medically compliant; individuals should be free of infectious or communicable diseases that present a risk to others; registered sex offenders are eligible</p>	<p>Coverage Area Bexar County</p>
<p>boysvilletexas.org</p>	



HOUSING & SHELTER

The Courtyard

Haven for Hope of Bexar County	📞 210-220-2480
<p>Offers a safe, in-door sleeping year-round, environment for adult men and women experiencing homelessness. Main entrance located at 1300 West Martin Street. Individuals can stay at the Courtyard indefinitely. Services, such as housing, employment, medical care, dental care, eye care, behavioral health care, ID Recovery, legal assistance, and more available. Three meals, showers, laundry, and other social services are available.</p>	
<p>🕒 24 hours a day; 7 day a week Intake: Mon - Fri 7:00 am - 3:00 pm (Subject to Change)</p>	
<p>Eligibility Single women 18 years and older; 30 days sober, with no criminal convictions with regard to violence; homeless or without support to care for self and children</p>	<p>Coverage Area Bexar County</p>
<p><i>havenforhope.org</i></p>	



HOUSING & SHELTER

The Together Program

Arms of Hope	☎ 830-522-2200
<p>Helps motivated single mothers and their children transition into independent futures by providing counseling, accountability, parenting skills, career training and a home in a safe environment. This program is for mothers that are fleeing homelessness, domestic violence, abuse, or have lost sustainable support when a death, abandonment, incarceration or divorce has occurred and there are no other means of provision.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:30 pm</p>	
<p>Eligibility Women and children must be homeless or in danger of becoming homeless due to domestic violence and able to live independently and safely within a community</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>armsofhope.org</p>	



HOUSING & SHELTER

Transformation House Transitional Housing

Transformation House	☎ 830-542-9166
Provides free transitional housing and wrap around services including counseling, training, and case management.	
🕒 24 hours and day 7 days a week	
<p>Eligibility</p> <p>Homeless people 18 years and older (or accompanied by a legal guardian) who are able to independently perform activities of daily living, who have lived in Bexar County for 9 months and who lack a fixed, regular and adequate nighttime residence</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<i>transformation-house.org</i>	



HOUSING & SHELTER

Transformation Program

Haven for Hope of Bexar County		☎ 210-220-2100
<p>Operate a variety of transformational services for homeless individuals and families who are willing to commit to working towards self-sufficiency. Services include: housing, employment assistance, medical care, dental care, eye care, behavioral health care, ID recovery, legal assistance, education, peer support, case management, detox and addiction recovery, and more. Each individual or family are offered residential services in a dorm setting, three meals per day and laundry services.</p>		
<p>🕒 Intake Department: Mon - Fri 7:00 am - 3:00 pm (Subject to Change)</p>		
<p>Eligibility People who are HIV positive; call for income requirement information</p>	<p>Coverage Area Bexar County</p>	
<p>havenforhope.org</p>		

Transitional Housing

San Antonio AIDS Foundation (SAAF)		☎ 210-225-4715
<p>Houses a total of 20 men, women and transgender individuals formerly homeless clients at any given time, and is staffed 24 hours a day, seven days a week, year round. The mission of the program is to allow homeless individuals living with HIV/AIDS to reside in a comfortable, home-like environment for up to six months, providing them the opportunity to move beyond their present situation and achieve residential stability. The facility is wheel-chair accessible.</p>		
<p>🕒 Mon - Fri 8:00 am - 5:00 pm</p>		
<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>		
<p>sanantonioids.org</p>		



HOUSING & SHELTER

Transitional Housing Program

Magdalena House		📞 210-561-0505
<p>Offers transitional housing for women and children who are escaping dangerous situations. Residents are provided a safe and nurturing home, a community of supportive relationships, and hope for a life of independence and self-sufficiency. Residents are required to go to school and participate in specific programming, including life enrichment, career development, spiritual formation, and quarterly service projects.</p>		
🕒 Mon - Fri 9:00 am - 5:00 pm		
<p>Eligibility Homeless single women 18 years and older who have children 12 years and younger; active participation in education or vocational training a requirement</p>	<p>Coverage Area Bexar County</p>	
<p>maghouse.org</p>		

Transitional Housing Program

Visitation House Ministries		📞 210-735-6910
<p>Offer transitional housing and comprehensive support services for homeless women and their children in San Antonio.</p>		
🕒 Mon - Fri 8:30 am - 5:00 pm		
<p>Eligibility Must meet HUD homelessness criteria</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>	
<p>visitationhouseministries.org</p>		



HOUSING & SHELTER

Transitional Living and Learning Center

SAMMinistries		☎ 210-979-6188
<p>Operates 40 transitional housing units (residential facility) and provides services to families for up to 24 months. Offer comprehensive case management, on-site counseling, life skills classes, adult and child education programs, primary medical/dental care, and on-site licensed child care for children 18 months - 4 years old.</p>		
🕒 Mon - Fri 8:00 am - 5:00 pm		
<p>Eligibility Men in transition who are alcohol and drug free</p>	<p>Coverage Area Bexar County</p>	
<p>samm.org</p>		

Transitional Living Program

Grace House, Inc.		☎ 210-493-7884
<p>Offers a faith-based transition home for women coming out of incarceration, drug addiction and destructive life styles by providing supervised living and a structured schedule. In this 9-month program, women have access to transportation to parole office and probation appointments, free room and board, and spiritual training.</p>		
🕒 Mon - Fri 9:00 am - 6:00 pm		
<p>Eligibility</p>	<p>Coverage Area Atascosa, Bexar, Comal, Kendall, Kerr, Medina and Travis Counties</p>	
<p>gracehousesa.org</p>		



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - American GI Forum on N Flores

South Alamo Regional Alliance for the Homeless	☎ 210-354-4892
Provide fair and equal access to people experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future.	
🕒 Mon, Wed, Fri 8:30 am - 11:30 am	
<p>Eligibility</p> Must be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution	<p>Coverage Area</p> Bexar County
<p>sarahomeless.org/housing</p>	



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - American GI Forum on San Pedro

South Alamo Regional Alliance for the Homeless	☎ 210-354-4892
Provide fair and equal access to people experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future.	
🕒 Mon, Wed, Fri 8:30 am - 11:30 am	
<p>Eligibility</p> Must be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution	<p>Coverage Area</p> Bexar County
<p>sarahomeless.org/housing</p>	



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - Haven for Hope

South Alamo Regional Alliance for the Homeless	☎ 210-220-2100
Provide fair and equal access to people experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future.	
🕒 Mon - Fri 8:00 am - 3:00 pm	
<p>Eligibility</p> Must be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution	<p>Coverage Area</p> Bexar County
<p>sarahomeless.org/housing</p>	



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - Homeless Connections Hotline

<p>South Alamo Regional Alliance for the Homeless</p>	<p>📞 210-207-1799</p>
<p>Provide fair and equal access to people experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future.</p>	
<p>🕒 Mon - Fri 8:00 am - 4:30 pm</p>	
<p>Eligibility Must be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution</p>	<p>Coverage Area Bexar County</p>
<p>sarahomeless.org/housing</p>	



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - Roy Maas Youth Alternatives

<p>South Alamo Regional Alliance for the Homeless</p>	<p>📞 210-340-8077</p>
<p>Provide fair and equal access to young adults 18 - 24 years old experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future.</p>	
<p>🕒 Mon - Fri 10:00 am - 4:00 pm</p>	
<p>Eligibility Must be 18-24 years old and be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution</p>	<p>Coverage Area Bexar County</p>
<p>sarahomeless.org/housing</p>	



HOUSING & SHELTER

Homelink Access Point - Coordinated Entry for People Experiencing Homelessness - St. Vincent de Paul

<p>South Alamo Regional Alliance for the Homeless</p>	<p>📞 210-225-7837</p>
<p>Provide fair and equal access to people experiencing or at-risk of homelessness. Enrollment/assessment is initiated by walking into or calling to speak with a Certified Homelink Assessor. This assessment will not guarantee housing, but will place clients into the Homelink Coordinated Entry referral system to potentially receive housing assistance in the future. NOTE: Domestic Violence-Certified Homelink Assessors are available at this location.</p>	
<p>🕒 Mon, Wed, Fri 9:30 am - 1:00 pm</p>	
<p>Eligibility Must be literally homeless, i.e. have already been evicted and are sleeping on the streets, in a vehicle, or emergency shelter; can also serve those that are leaving an institution, where they resided for 90 days or less, if they were literally homeless before entering the institution</p>	<p>Coverage Area Bexar County</p>
<p>sarahomeless.org/housing</p>	



Employment

EMPLOYMENT & CHILDCARE



EMPLOYMENT & CHILDCARE

Adult Services

Workforce Solutions Alamo

Provides programs to include: services for individuals who are unemployed or under-employed, receiving public assistance, who have disabilities, ex-offenders, older workers and Veteran populations using an array of resources and programs. Under the Workforce programs provide varied services such as: Basic Career Services, Training Services, Supportive Services; services may include access to local employment and training activities such as on-the-job-training, Work Experience, and programs in collaboration with workforce partners.

🕒 Mon - Fri 8:00 am - 5:00 pm

💰 None

Eligibility

Determined on a case-to-case basis; Individuals 16 years or older; provide ability to work in the United States, receiving public assistance, or be under-employed or unemployed through no fault of their own

Coverage Area

Bexar County

workforcesolutionsalamo.org

Employment



EMPLOYMENT & CHILDCARE

Career Center

Dress for Success San Antonio		☎ 210-737-9510
Provides comprehensive career development and job search services through individual consultation and self directed activities. Career interest assessments and no-cost online courses are available. Training in electronic search techniques, resumes, interview, and workplace problem-solving is available. Group training is available under umbrellas of Career Pathway Development, Job Search Skills, Professional Branding, and Workplace Readiness soft skills.		
🕒 Mon - Thurs 8:30 am - 4:30 pm	💰 None	
Eligibility Individuals 18 years and older who are seeking employment and are work ready; call for income requirement information	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties	
sanantonio.dressforsuccess.org		



EMPLOYMENT & CHILDCARE

Community Service

The Precious Cycle	☎ 936-305-5330
Provides assistance in help finding a job in local community or other states. Provides help with court ordered community services.	
🕒 Call for an appointment and leave a message. Calls are usually returned within 24 hours. Also check Facebook for special hours of operation.	☎ Call for information
Eligibility Call for information	Coverage Area Statewide
<i>facebook.com/thepreciouscyclenac</i>	



Employment

EMPLOYMENT & CHILDCARE

Economic Empowerment

Refugee Services of Texas

Assists refugees with finding employment, resume development, education and certifications, and interview skills in order to become self-sufficient as they adjust to a new culture. Enrolls eligible individuals in English as a Second Language (ESL) classes to learn basic English and workplace vocabulary. Provides job readiness classes taught by employment specialists in languages including Spanish, Burmese, Nepali, and Arabic. Offers Digital Literacy and Food Handlers certification, either on-site or at partner organizations depending on area. Services are provided up to five years since Date of Arrival (DOA).

🕒 Mon - Fri 8:30 am - 4:30 pm

💰 None or unknown

Eligibility

Call or visit website determine eligibility

Coverage Area

Statewide

rstx.org/get-help/economic-empowerment.html



Employment

EMPLOYMENT & CHILDCARE

Equine Therapy Services

Red Arena

Provides therapeutic horseback riding and sports riding to adults and children with physical and developmental disabilities. Adapts all programming to the particular abilities of each student. Offers teens and adults with disabilities hands on job training on horse care, barn management and social skills for any workplace setting. Assistance is also provided for job placement. Offers RED-Y TO READ where children can learn to read by reading to one of our therapy horses. Reading tutoring with certified teachers and horses is also available. Offers volunteer opportunities. Accepts donations.

🕒 Call for information

💰 None or unknown

Eligibility

Therapy Services: Adults and children, ages 2 years and older, who have a physical or developmental disability.
Job Training Program: Anyone 16 and older with a disability
RED-Y TO READ: Available to everyone including riders, siblings of riders and kids from the community

Coverage Area

Bexar, Blanco, Caldwell, Comal, Gonzales, Guadalupe, Hays, and Travis Counties

REDarena.org



EMPLOYMENT & CHILDCARE

Food Bank Workforce Program

San Antonio Food Bank, Inc. (SAFB)		☎ 210-431-8378
<p>Assist individuals that are unemployed or under-employed obtain gainful employment that earns them livable wages. The program includes intensive case management which is a key component that helps participants achieve their full potential and sustain employment as well as modules that focus on job readiness, such as helping people write a strong resume, develop effective job search skills, prepare for interviews, and hone soft skills.</p>		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None or unknown	
Eligibility Open to anyone in the service area	Coverage Area Bexar County	
safoodbank.org		



Employment

EMPLOYMENT & CHILDCARE

Goodwill Career Centers

Goodwill Industries of San Antonio

Provide free career assistance on-site and virtually to anyone seeking employment or a new career. Career Staff offers support for unique needs of displaced workers and individuals with barriers to employment such as : veterans, individuals with disabilities or those with a past legal history. Trained staff can help answer the following questions:

- How do I write my resume to highlight my experience and get the attention of recruiters?
- How do I search for and apply to jobs that meet my needs?
- What careers am I interested in, and how do I get started?
- What should I expect during an interview and how do I make a good first impression?
- What workplace skills do I need to ensure I’m successful at my new job?
- What are the best ways to apply for federal, state, and local government jobs?

Goodwill staff provides one-on-one career coaching that focuses on:

- Identifying your career interests
- Developing or updating your resume
- Connecting to employers
- Completing online job applications
- Practicing interview tactics
- Preparing for the first day of your new job

🕒 Mon - Fri 8:00 am - 5:00 pm

💰 None or unknown

Eligibility

Individuals 18 years and older with barriers to employment; call for additional eligibility requirement information

Coverage Area

Bexar County

goodwillsa.org



Employment

EMPLOYMENT & CHILDCARE

Job Readiness Training and Placement Services

San Antonio Lighthouse Rehabilitation Center		☎ 210-533-5195
Provides job readiness training. Teaches independent job search skills. Offers job development, job placement, job assistance and job coaching. Must have suitable vocational objective, possess necessary job skills and appropriate work habits and be 18 years or older.		
🕒 Mon - Fri 8:30 am - 4:30 pm	💰 None or unknown	
Eligibility People with visual impairment or blindness 18 years and older who are able to take care of personal needs and arrange for own transportation	Coverage Area Bexar County	
salighthouse.org		

Job Seeker Services

Workforce Solutions Alamo	
Provides job seeker services such as job matching, career counseling, targeted demand occupations training, networking and job search tips through job clubs and professional seminars on filling out an application, writing cover letters and resumes, interviewing, computer basics, labor market information, and job search strategies. Computer workstations are available for job seekers and provide access to the free, online job matching database at www.WorkInTexas.com .	
Eligibility People 16 years and older	Coverage Area Bexar County
workforcesolutionsalamo.org	



Employment

EMPLOYMENT & CHILDCARE

Noncustodial Parent Choices Program (NCP Choices)

Texas Workforce Commission (TWC)

Assists low-income unemployed or underemployed noncustodial parents, who are behind on their child support payments and whose children are current or former recipients of public assistance, overcome substantial barriers to employment. The goal of the program is for noncustodial parents to achieve economic self-sufficiency and make consistent child support payments. The services provided to noncustodial parents mirror the services provided to TANF recipients under Texas' Choices program. The services emphasize Work First, providing job referrals and job search assistance, and include: Job referrals and job development. Support services. Short-term training. Subsidized employment/work experience/ General Educational Development (GED) and English as a Second Language (ESL) classes. Retention and career advancement assistance. Noncustodial parents will receive a court order to participate in the NCP Choices program and will work with their local Workforce Solutions Office.

🕒 Website available 24 hours a day, 7 days a week; Contact local office for hours of operation

Eligibility

To be eligible for NCP Choices, a noncustodial parent must:

- Have a child support case in which the child an/or custodial parent is a current or former recipient of TANF or Medicaid benefits
- Be delinquent in child support payments
- Be unemployed or underemployed
- Be legally able to work in the United States
- Reside in the geographical area served by the participating Board
- Have an Office of the Attorney General-issued consent order and be ordered by a court to participate in the program

Coverage Area

Statewide

twc.state.tx.us/programs/noncustodial-parent-choices-program-overview



EMPLOYMENT & CHILDCARE

Senior Employment Program

AARP Foundation WorkSearch - San Antonio		☎ 210-223-8900
Provides older workers with low-income part-time subsidized employment in community service work in public and private nonprofit agencies. AARP/WorkSearch is a Senior Community Services employment program.		
🕒 Mon - Fri 8:00 am - 4:00 pm	💰 None or unknown	
Eligibility People 55 years and older	Coverage Area Bexar County	
<i>vkenney@aarp.org</i>		



Employment

EMPLOYMENT & CHILDCARE

SNAP Employment and Training Program

Texas Workforce Commission (TWC)

Assist SNAP recipients in obtaining employment through work-related education and training activities. SNAP recipients ages 16 to 59 who are not employed, or are employed fewer than 30 hours per week, are required to participate in the SNAP Employment and Training program.

Employment Services are:

- Directed Job Search
- Vocational Education/Training
- Work Experience
- Workfare (Able-Bodied Adults Without Dependents Only)
- Unsubsidized Employment

Support services for transportation, dependent care expenses, and other expenses that are reasonable, necessary, and directly related to SNAP Employment and Training activities are evaluated based on individual need. Payment for GED Testing and certificates of high school equivalency also is available.

🕒 Website available 24 hours a day, 7 days a week; Contact local office for hours of operation

💰 None

Eligibility

SNAP recipients, ages 16-59

Coverage Area

Statewide

twc.state.tx.us/programs/supplemental-nutrition-assistance-program-employment-training-program-overview



Employment

EMPLOYMENT & CHILDCARE

Texas Workforce Office Finder

Texas Workforce Commission (TWC)

Provides services in regards to Texas Workforce Commission programs. Local offices can offer career development information, job search resources, training programs, and support services for job seekers. Employers and Job seekers can inquire with their local offices in regards to TWC programs such as:

- Adult Education & Literacy
- Apprenticeship
- Career Schools & Colleges
- Child Care Services
- Choices
- Civil Rights
- Foreign Labor Certification
- Labor Law
- Labor Market & Career Information
- Noncustodial Parent Choices
- Rapid Reemployment Services
- Self Sufficiency
- Senior Community Services Employment Program
- Skills Development
- Supplemental Nutrition Assistance Program (SNAP & ET) Employment & Training
- The Criss Cole Rehabilitation Center
- The Independent Living Services Program for Older Individuals Who Are Blind
- The Temporary Assistance for Needy Families (TANF) Program
- Trade Adjustment Assistance
- Unemployment Insurance Benefits
- Unemployment Insurance Tax
- Vocational Rehabilitation Services
- Wagner-Peyser Employment Services
- Workforce Investment Opportunity Act (WIOA) Adult, Dislocated Workers and Youth Employment Training and Services
- WorkInTexas.com
- Work Opportunity Tax Credit

🕒 Workforce Offices: Mon - Fri 8:00 am - 5:00 pm Locator Tool: 24 hours a day, 7 days a week

💰 None or unknown

Eligibility

Open to the public

Coverage Area

Statewide

twc.state.tx.us/directory-workforce-solutions-offices-services



Employment

EMPLOYMENT & CHILDCARE

Suiting Program

Dress for Success San Antonio	☎ 210-737-1515
<p>Provides training in professional demeanor and attire to prepare for an employment interview. Once clients secure a job, they are invited for employment suiting, with additional education in continuity of professional appearance and attitude, and training in economically extending their wardrobes.</p>	
🕒 Mon - Thurs 8:30 am - 4:30 pm	💰 None
<p>Eligibility Individuals who are work ready and seeking employment; call for income requirement information</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties</p>
<p>dfssa.org</p>	



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Child Care Services

Workforce Solutions Alamo	
Provides child care assistance and essential worker childcare funding for eligible families. Eligible families can choose from a list of CCS providers in the 13-county region.	
🕒 Call center 8:00 am - 4:00 pm; CCS staff can be contacted via email 24 hours a day; see application process for more information on methods of contact	💰 None
<p>Eligibility</p> <p>Families who are in school or training for at least 25 hours a week for single parent household or at least 50 hours for two-parent household; each participant must be working/training 25 hours a week; children must be U.S. Citizens (parents do not); and/or families receiving assistance to Temporary Assistance to Needy Families (TANF) or who are in the Choices Programs; participants of the Supplemental Nutrition Assistance Program Employment and Training (SNAP E&T) program, and families referred by the Texas Department of Family and Protective Services (DFPS)</p>	<p>Coverage Area</p> <p>Bexar County</p>
workforcesolutionsalamo.org/childcare-services	



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Child Care Subsidy Program

City of San Antonio - Department of Human Services - Child Care Services (CCS)	☎ 210-230-6300
Provide child care subsidies to families who are working, in school or training (25 hours a week).	
🕒 Mon - Thurs 7:45 am - 4:45 pm; Fri 7:45 am - 4:30 pm	💰 Call for information
<p>Eligibility</p> <p>People who are working, in school, or in a training program a minimum of 25 hours/week, with children birth to 12 years old</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, and Wilson Counties</p>
workforcesolutionsalamo.org/childcare	



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Medical Financial Assistance

CancerCare	☎ 800-813-4673
<p>Provides limited financial assistance for cancer-related costs such as transportation, home care, and child care. Assistance is available to women and children with any cancer diagnosis, men and women with breast cancer, metastatic melanoma (transportation only), or multiple myeloma (transportation only). Also provides pain and anti-nausea medication, oral hormonal medication, lymphedema supplies, and durable medical equipment to men and women with breast cancer.</p>	
🕒 Mon - Thurs 9:00 am - 5:00 pm, Fri 9:00 am - 4:00 pm	💰 Call for information
<p>Eligibility</p> <ul style="list-style-type: none"> • Have a diagnosis of cancer confirmed by an oncology health care provider • Be in active treatment for your cancer • Live in the U.S. • Income between 400% and 500% of the Federal Poverty Guidelines 	<p>Coverage Area Nationwide</p>
<p>cancercares.org/financial</p>	



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Service Industry Recovery Child Care Program

Workforce Solutions Alamo	☎ 210-224-4357
Provides child care assistance and childcare funding to parents that work in service industries. The program was created to help parents that require child care services in order to work because jobs in service industries generally cannot be accomplished remotely.	
🕒 Mon - Fri 8:00 am - 4:00 pm	🌐 Visit website
<p>Eligibility</p> <p>Parent must require child care services in order to work, one-parent households must be working a minimum of 25 hours per week and a two-parent household must be working a total of 50 hours per week, family income must be below 75% of the State Median Income, the child must be under age 13 (or under age 19 if disabled), and have legal citizenship or immigration status</p>	<p>Coverage Area</p> <p>Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, McMullen, Medina, and Wilson Counties.</p>
cognitofrms.com/WSAChildCare/sirchildcare	



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Texas Child Care Solutions

Texas Workforce Commission (TWC)

Provides parents and child care providers access to resources and information to assist them in making informed choices to meet their child care and program needs. Resources on the website include:

- Overview of financial assistance for child care
- How to choose quality child care
- Child development information
- Resources for children with special needs
- Nutrition information
- Quality, accreditation, and training resources for providers

COVID-19 Updates:

Phasing Out Financial Assistance for Essential Workers

The Texas Workforce Commission (TWC) has phased out the emergency program to subsidize childcare for Texas’ essential workers. Essential workers who are already on the subsidized plan will continue to receive child care for the three month period they were initially approved for under this program. Essential workers may apply at any time for TWC’s regular subsidized child care program for low-income families if they meet eligibility requirements.

Reinstating Payments for Low-Income Parents. Effective June 1, TWC will reinstate the requirement for parents receiving financial assistance to pay for a portion of their costs. If parents are unable to meet this financial obligation, costs may be waived. Those in need of assistance should contact their local Workforce Board for more information on child care options in their area as well as to find information on financial assistance.

🕒 Website available 24 hours a day, 7 days a week

💰 None

Eligibility

Open to the public

Coverage Area

Statewide

texaschildcaresolutions.org



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

Texas Workforce Office Finder

Texas Workforce Commission (TWC)

Provides services in regards to Texas Workforce Commission programs. Local offices can offer career development information, job search resources, training programs, and support services for job seekers. Employers and Job seekers can inquire with their local offices in regards to TWC programs such as:

- Adult Education & Literacy
- Apprenticeship
- Career Schools & Colleges
- Child Care Services
- Choices
- Civil Rights
- Foreign Labor Certification
- Labor Law
- Labor Market & Career Information
- Noncustodial Parent Choices
- Rapid Reemployment Services
- Self Sufficiency
- Senior Community Services Employment Program
- Skills Development
- Supplemental Nutrition Assistance Program (SNAP & ET) Employment & Training
- The Criss Cole Rehabilitation Center
- The Independent Living Services Program for Older Individuals Who Are Blind
- The Temporary Assistance for Needy Families (TANF) Program
- Trade Adjustment Assistance
- Unemployment Insurance Benefits
- Unemployment Insurance Tax
- Vocational Rehabilitation Services
- Wagner-Peyser Employment Services
- Workforce Investment Opportunity Act (WIOA) Adult, Dislocated Workers and Youth Employment Training and Services
- WorkInTexas.com
- Work Opportunity Tax Credit

🕒 Workforce Offices: Mon - Fri 8:00 am - 5:00 pm
Locator Tool: 24 hours a day, 7 days a week

💰 None or unknown

Eligibility

Open to the public

Coverage Area

Statewide

twc.state.tx.us/directory-workforce-solutions-offices-services



Child Care Expense Assistance

EMPLOYMENT & CHILDCARE

United Way Childcare Scholarship Referral Agents

United Way Childcare Scholarships	☎ 210-352-7038
<p>Provides financial childcare assistance to those parents who are pursuing financial stability, through higher education (associate’s or bachelor’s degree) and/or full-time job training. Scholarships may only be used for childcare; payments are made directly to the childcare vendor. The scholarship is geared towards primary custodial caregivers with young children (age 12 years and under), who are struggling economically and who have the desire and capability of improving their situation through furthering their education and/or job training.</p>	
<p>🕒 Apply online; the next application cycle will begin August 1, 2021 and end on September 28, 2021</p>	<p>Coverage Area Bexar County</p>
<p>Eligibility</p> <p>Parents eligible for this program must meet the following criteria:</p> <ul style="list-style-type: none"> • Be enrolled in school or technical skills training for a minimum of 12 hours if not working, or enrolled for a minimum of 6 hours if working 19 or more hours weekly • Be enrolled in an Associate or first time Bachelor’s degree program or job training/certificate program. Students pursuing a second Bachelor’s degree or enrolled in graduate school are not eligible • Maintain a minimum GPA of 2.5 • Provide referral agent all class and/or work schedules and keep referral agent informed o changes in contact information, employment, and school status<br • Not qualified for, or are currently receiving any other eligible childcare assistance • Have a demonstrated plan for reaching his/her educational and/or employment goals • Be a citizen or legal resident of the United States and a resident of Bexar County • Have application screened and submitted by a referral agent • Agree to paying a minimum amount of \$5.00 a week per child 	
<p>unitedwaysatx.org/childcare</p>	



Domestic Violence Intervention Programs

OTHER RESOURCES



OTHER RESOURCES

Court and Military Liaison Program

Family Violence Prevention Services, Inc. (FVPS)		☎ 210-837-5638
Streamlines the service engagement process for victims of domestic violence and perpetrators involved with the legal system, Child Protective Services, and the military. This program is based at the Bexar County Courthouse.		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 none	
Eligibility Any victim or perpetrator of domestic violence; also offers programs for military service members and their dependents	Coverage Area Bexar County	
fvps.org		

Family Justice Program

Bexar County Family Justice Center		☎ 210-631-0100
Assists victims of domestic violence (men, women, and children) with various services including crisis intervention, safety planning, risk assessment, protective order application assistance, high-risk prioritization and service coordination, civil legal services, counseling for adults and children, basic needs, financial empowerment education and sustainability services		
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 none	
Eligibility Victims of domestic/intimate partner and family violence, dating violence, sexual assault, stalking, or trafficking	Coverage Area Bexar County	
bcfjc.org		



OTHER RESOURCES

Male and Female Batterers Intervention Program

<p>Family Violence Prevention Services, Inc. (FVPS)</p>	<p>📞 210-930-3669, ext. 2102</p>
<p>Offers a 20-week counseling and psycho-educational program with emphasis on issues related to power and control, appropriate anger responses, non-violent problem solving skills, parenting, communication and re-socialization. Groups also available in Spanish.</p>	
<p>🕒 Mon - Fri 9:00 am - 8:30 pm; Sat 7:00 am - 3:00 pm</p>	<p>💰 none</p>
<p>Eligibility Perpetrators of family violence who are mandated or self-referred</p>	<p>Coverage Area Bexar County</p>
<p>fvps.org</p>	



Dating Violence Prevention

OTHER RESOURCES



Dating Violence Prevention

OTHER RESOURCES

Loveisrespect

National Domestic Violence Hotline (NDVH)	☎ 866-331-9474
Offers support, information and advocacy to young people who have questions or concerns about their dating relationships. Provides information and support to concerned friends and family members, teachers, counselors, service providers and members of law enforcement. Offers free and confidential phone, live chat and texting services, which are available 24/7/365.	
🕒 Hotline, Live Chat, Texting and Website: 24 hours a day, 7 days a week	💰 None; message and data rates apply
<p>Eligibility</p> <p>Young people who have questions or concerns about their dating relationships; concerned friends and family members, teachers, counselors, service providers; and members of law enforcement</p>	<p>Coverage Area</p> <p>Statewide</p>
<i>loveisrespect.org</i>	

Sexual Assault Prevention and Crisis Services Program (SAPCS)

Texas Office of Attorney General (OAG)	☎ 512-474-7190
<p>Eligibility</p> <p>Victims of sexual assault</p>	<p>Coverage Area</p> <p>Statewide</p>



Dating Violence Prevention

OTHER RESOURCES

Teen Dating Violence Prevention

Young Women's Christian Association - San Antonio (YWCA)	☎ 210-433-9922
Provides training to middle and high school teachers to teach youth and their families about healthy relationships and identifying and preventing abusive relationships.	
🕒 Mon - Fri 8:00 am - 5:00 pm	💰 None
Eligibility Must be an educator, school counselor, or administrator	Coverage Area Bexar County
ywcasa.org	

National Sexual Assault Hotline

Rape, Abuse and Incest National Network (RAINN)	☎ 800-656-4673
Offers a free, confidential counseling and support hotline 24 hours a day for victims of sexual violence, their friends, and their families. Also provides an online hotline, which uses instant messaging to connect individuals with hotline staff. Automatically transfers callers to the rape crisis center nearest you, anywhere in the nation. Provides the following:	
🕒 24 hours a day, 7 days a week	💰 None
Coverage Area Statewide	
rann.org	



Dating Violence Prevention

OTHER RESOURCES

Domestic Violence Helpline

Awaaz	📞 210-446-6464
<p>Offer confidential peer support to people of Indian, Pakistani, Bangladeshi, and other South Asian descent effected by domestic violence. Awaaz operates a free helpline; provides cultural education and community outreach. Not all call are directly answered, messages are returned by Awaaz with in 24 hours. For emergencies, call 911.</p>	
🕒 24 hours a day, 7 days a week	💰 None
Eligibility People experiencing domestic violence of Indian, Pakistani, Bangladeshi, or other South Asian descent	Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties
awaazsa.org	



Dating Violence Prevention

OTHER RESOURCES

StrongHearts Native Helpline

StrongHearts Native Helpline		☎ 844-762-8483
<p>Provides a culturally-appropriate, anonymous, confidential helpline for Native American survivors of domestic violence and concerned family members and friends. Callers can connect with advocates who can provide lifesaving tools and immediate support to enable survivors to find safety and live free of abuse. Helpline advocates have an understanding of American Indian cultures, as well as issues of tribal sovereignty and law.</p>		
🕒 Sun - Sat 7:00 am - 10:00 pm	💰 None	
Eligibility American Indians and Alaska Natives; survivors of domestic violence; questions about healthy relationships and dating; all ages and genders	Coverage Area Nationwide	
strongheartshelpline.org		



Dating Violence Prevention

OTHER RESOURCES

Education

The Rape Crisis Center for Children and Adults	☎ 210-521-7273
<p>Provides sexual assault awareness prevention and sensitivity training throughout Bexar County for schools (elementary, middle and high schools), college and university campuses, community groups, corporations, victim serving professionals, law enforcement and others. Presentations include use of instructional video, interactive quizzes and more. Topics range from rape awareness, healthy relationships, consent, victim sensitivity, special populations, legislative updates. The program also engages community members in conversations about gender socialization, rape culture, and the meaning of consent.</p>	
<p>🕒 Mon - Fri 8:00 am - 5:00 pm; Upon request and with advance notice, educators may also schedule presentations or events on evenings or weekends.</p>	<p>💰 None</p>
<p>Eligibility Community members and groups in the service area, with specialized topics and curricula available for youth and victim-serving professionals</p>	<p>Coverage Area Atascosa, Bandera, Bexar, Comal, Frio, Gillespie, Guadalupe, Karnes, Kendall, Kerr, Medina, and Wilson Counties.</p>
<p>rapecrisis.com</p>	